

CHAPTER 8

PO 108 – PARTICIPATE IN AN ANNUAL CEREMONIAL REVIEW (ACR) PARADE



COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 1

EO M108.01 – ADOPT THE POSITIONS OF ATTENTION, STAND AT EASE AND STAND EASY

Total Time: 30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

N/A.

OBJECTIVES

By the end of this lesson the cadet shall be expected to adopt the positions of attention, stand at ease and stand easy.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

Teaching Point 1

Adopting the Position of Attention

Time: 6 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



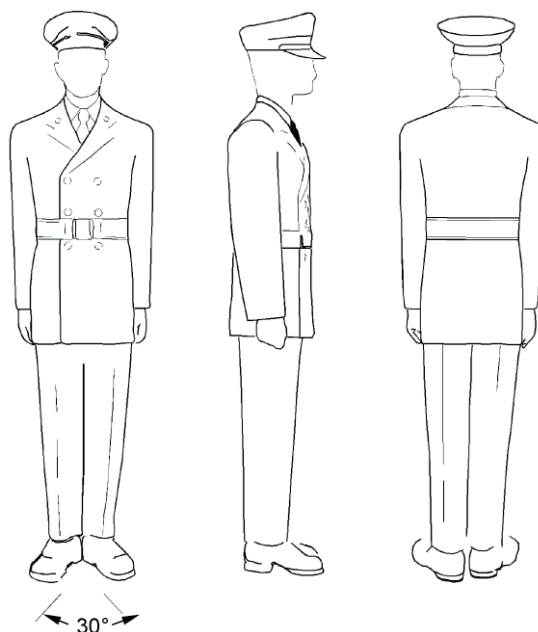
Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

The cadet will adopt the position of attention, by ensuring:

- a. heels are together and in line;
- b. feet are turned out to form an angle of 30°;
- c. body is balanced and weight distributed evenly on both feet;
- d. shoulders are level, square to the front;
- e. arms are hanging as straight as the natural bend will allow, with elbows and wrists touching the body;
- f. wrists are straight, the back of the hands outwards, fingers aligned, touching the palm of the hand, thumbs placed on the side of the forefinger at the middle joint with the thumbs and back of the fingers touching the thighs lightly and the thumbs in line with the seam of the trousers;
- g. head is held erect, neck touching the back of the collar, eyes steady, looking their height and straight to the front; and
- h. no part of the body is strained.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-1-1 The Position of Attention



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-1-2 Fists at Position of Attention



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

The instructor(s) shall provide a full demonstration and allow time for practice.

The instructor will have the squad practice the movement collectively, individually, and collectively.

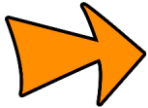
Teaching Point 2**Adopting the Position of Stand at Ease**

Time: 6 min

Method: Demonstration and Performance

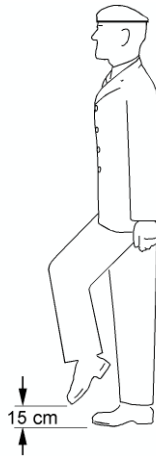
DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The position of standing at ease is an intermediate position between attention and standing easy. It allows no relaxation, but can be maintained without strain for a longer time than the position of attention.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command STAND AT EASE BY NUMBERS, SQUAD – ONE, the cadet shall bend the left knee.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-1-3 Squad One – Stand at Ease

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



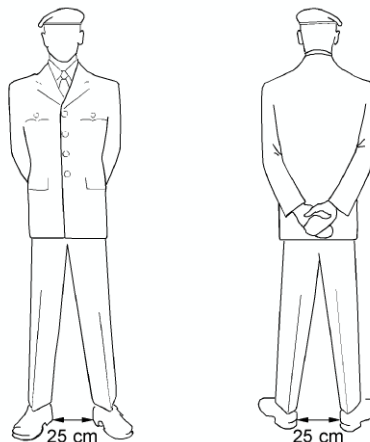
Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall:

1. carry the left foot to the left, straightening it in double time, and place it smartly flat on the ground with the inside of the heels 25 cm apart;

2. simultaneously, with a quick motion, bring the arms behind the back, stretched to their full extent, and place the back of the right hand in the palm of the left, with thumbs crossed right over left, the fingers together and extended; and
3. balance the body with the weight evenly distributed on both feet.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-1-4 The Position of Stand at Ease

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command STAND AT – EASE, combine the two movements. The timing is “one.”

The instructor(s) shall provide a full demonstration and allow time for practice.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Teaching Point 3

Adopting the Position of Attention From Stand at Ease

Time: 6 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)



For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

In order to adopt the position of attention from stand at ease, the cadet shall:

On the command ATTENTION BY NUMBERS, SQUAD – ONE, bend the left knee and shift the balance to the right foot.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO:

1. straighten the left leg in double time, place the foot smartly on the ground, toe touching first, followed by the heel, and with heels aligned; and
2. simultaneously, with a quick motion, bring the arms and hands to the position of attention.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command ATTEN – TION, combine the two movements. The timing is called as “one.”

The instructor(s) shall provide a full demonstration and allow time for practice.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Teaching Point 4

Adopting the Position of Stand Easy

Time: 6 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

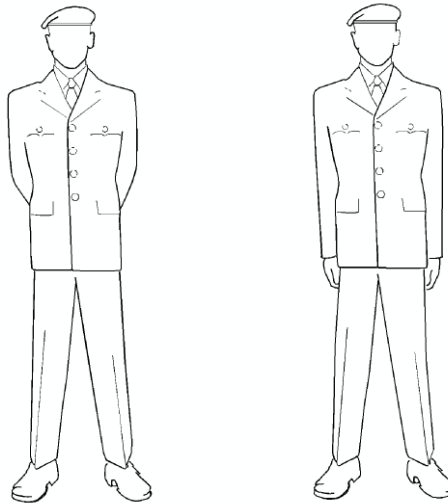
The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

The position of stand easy is ordered when it is desirable to permit cadets to relax. This command is only given when the squad is in the position of stand at ease.

On the command STAND – EASY, the cadet shall:

1. close the hands and bring the arms to the position of attention; and
2. relax.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial, 2001*

Figure 8-1-5 Stand Easy From Stand at Ease



When standing easy, the cadet may, with permission, move all but the feet and adjust clothing and equipment, but shall not talk.

PRACTICE THE COMPLETE MOVEMENT WITH TIMING

Practice the squad on the first movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

Combine the preceding movements with timing. The instructor(s) shall provide a full demonstration and allow time for practice.

Teaching Point 5

Adopting the Position of Stand at Ease From Standing Easy

Time: 1 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

In order to adopt the position of stand at ease from easy the cadet shall, on the cautionary command SQUAD (or formation title), assume the position of stand at ease.



This teaching point is best taught as a group practice to ensure adherence to timings and togetherness of the squad.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing the positions of attention, stand at ease and stand easy, and should emphasize movements that cadets showed difficulty with during the class.

Practice the complete movement, with the:

- **instructor** calling the time;
- **squad** calling the time; and
- **squad judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

- A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.



COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 2

EO M108.02 – EXECUTE A SALUTE AT THE HALT WITHOUT ARMS

Total Time:

30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.01 (Section 1).

- The instructor will have the squad adopt the positions of attention, stand at ease and stand easy. The instructor shall continue to review until the squad can perform the movements without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute a salute at the halt without arms.

IMPORTANCE

As members of the Canadian Cadet Organization (CCO) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCO depends on.

Teaching Point 1

Execute a Salute to the Front

Time: 13 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

The salute is given with the right hand. When physical incapacity or carrying of articles makes a salute with the right hand impracticable, compliments will be paid by turning the head and eyes to the left or right or standing to attention, as appropriate (see also A-PD-201-000/PT-000, Chapter 1, Section 2).

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

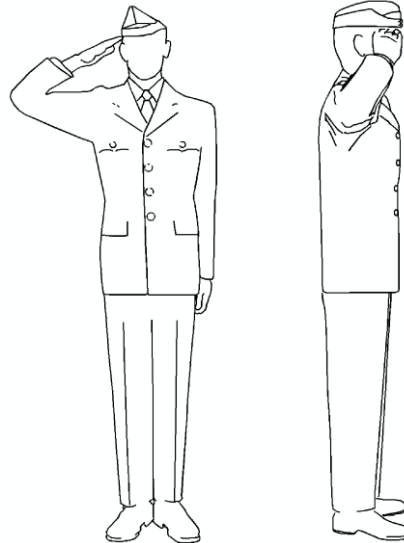


For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command TO THE FRONT SALUTE BY NUMBERS, SQUAD – ONE, the cadet shall:

1. bend the right elbow and open the palm of the right hand as it passes the shoulder; and
2. force the right hand by its shortest route to the front of the headdress so that the:
 - a. palm of the hand is facing down;
 - b. thumb and fingers are fully extended and close together;
 - c. tip of the second finger is in line with the outside of the right eyebrow and touching the outside edge of the headdress or arm of glasses, if worn;

- d. hand, wrist and forearm are in a straight line and at a 45-degree angle to the upper arm;
- e. elbow is in line with the shoulders; and
- f. upper arm is parallel to the ground.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-2-1 Saluting to the Front Without Arms

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO, the hand is:

1. brought sharply to the position of attention by the shortest route, without slapping the thigh; and
2. closed after the forearm is lowered below shoulder level.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command TO THE FRONT – SALUTE, the two movements are combined. The standard pause shall be observed between movements.

The instructor(s) shall provide a full demonstration and allow time for practice.

Note: When wearing headdress, other than a cap with a peak, the second finger is 2 cm above and in line with the outer tip of the right eyebrow.



Standard Pause: The standard pause between each movement is two beats in quick time. For example, on the command MOVE TO THE RIGHT IN FILE, RIGHT – TURN, the squad:

1. executes the first movement of the turn on the executive order and simultaneously calls out “ONE”;
2. after completing the first movement, calls “TWO”, “THREE” while observing the standard pause; and
3. when executing the final movement, calls out “ONE”.

Teaching Point 2

Execute a Salute to the Right (Left)

Time: 12 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

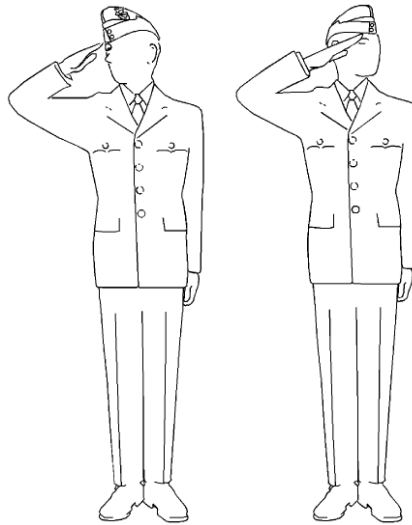
The demonstration shall be provided from various vantage points, as required.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

Salutes may also be carried out to the right (left), in that:

On the command TO THE RIGHT (LEFT) SALUTE BY NUMBERS, SQUAD – ONE, saluting shall be executed as detailed in TP1, except that the head and eyes shall be turned smartly to the right (left) as far as possible without straining, remembering that:

1. when saluting to the left, the right hand, wrist and arm are brought further over to the left to the correct position in line with the outside edge of the right eyebrow; and
2. when saluting to the right, the arm is moved to the rear, with the tip of the second finger remaining in line with the outside edge of the right eyebrow.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-2-2 Saluting to the Right and Left

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO, the hand is brought sharply to the position of attention, and simultaneously the head and eyes are turned smartly to the front.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command TO THE RIGHT (LEFT) – SALUTE, the two movements are combined. The standard pause shall be observed between movements.

The instructor(s) shall provide a full demonstration and allow time for practice.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing saluting at the halt without arms to the front, right and left, and should emphasize movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;

- **squad** calling the time; and
- **squad judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.



COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 3

EO M108.03 – EXECUTE TURNS AT THE HALT

Total Time: 30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.02 (Section 2).
- The instructor will have the squad execute a salute at the halt without arms and shall continue to review until the squad can perform the movements without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute turns at the halt.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

Teaching Point 1

Execute Right Turn

Time: 6 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Turns and inclines are made to change direction: right or left turns change direction by 90°, about turns by 180°, and right and left inclines (not instructed in this lesson) by 45°.

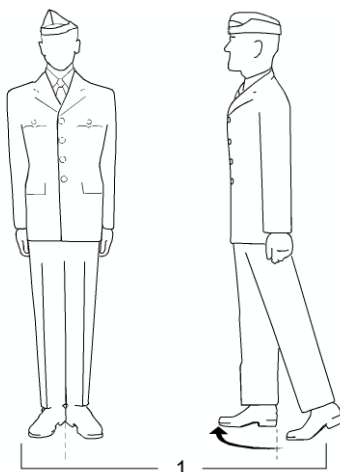
DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)



For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

The cadet shall execute a right turn, by:

On the command RIGHT TURN BY NUMBERS, SQUAD – ONE, turning 90° to the right by pivoting on the right heel and left toe and raising the left heel and right toe simultaneously. Both knees will be kept braced during the turn, arms at the sides and body erect. On the completion of the movement, the weight of the body is placed on the right foot and the left leg is braced with the heel off the ground.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-3-1 Squad One – Right Turn at the Halt

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

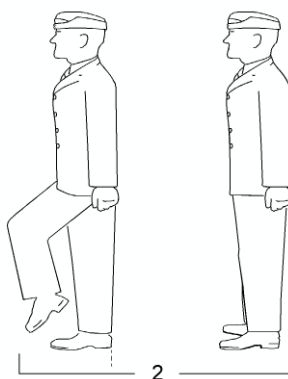
Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO, the cadets shall bend the left knee, straightening it in double time and smartly placing the left foot beside the right to assume the position of attention.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-3-2 Squad Two – Right Turn at the Halt

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command RIGHT – TURN, combine the two movements. The standard pause shall be observed between the movements.

The instructor(s) shall provide a full demonstration and allow time for practice.



Standard Pause: The standard pause between each movement is two beats in quick time. For example, on the command MOVE TO THE RIGHT IN FILE, RIGHT – TURN, the squad:

1. executes the first movement of the turn on the executive order and simultaneously calls out “ONE”;
2. after completing the first movement, calls “TWO”, “THREE” while observing the standard pause; and
3. when executing the final movement, calls out “ONE”.

Teaching Point 2

Execute Left Turn

Time: 6 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Turns and inclines are made to change direction: right or left turns change direction by 90°, about turns by 180°, and right and left inclines by 45°.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

The cadet shall execute a left turn, by:

On the command LEFT TURN BY NUMBERS, SQUAD – ONE, turning 90° to the left by pivoting on the left heel and right toe and raising the right heel and left toe simultaneously. Both knees will be kept braced during the turn, arms at the sides and body erect. On the completion of the movement, the weight of the body is placed on the left foot and the right leg is braced with the heel off the ground.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, bend the right knee, straightening it in double time and smartly placing the right foot beside the left to assume the position of attention.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command LEFT – TURN, combine the two movements. The standard pause shall be observed between the movements.

The instructor(s) shall provide a full demonstration and allow time for practice.

Teaching Point 3

Time: 6 min

Execute About Turn

Method: Demonstration and Performance

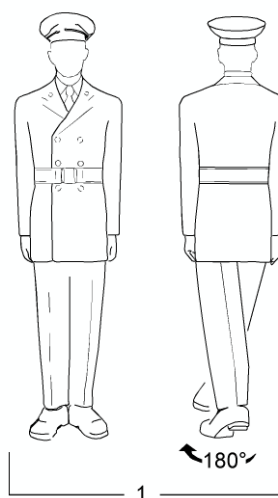
DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

On the command ABOUT TURN BY NUMBERS, SQUAD – ONE, turning 180° to the right by pivoting on the right heel and left toe and raising the left heel and right toe simultaneously. Both knees will be kept braced during the turn, arms at the sides and body erect. On the completion of the movement, the weight of the body is placed on the right foot and the left leg is braced with the heel off the ground.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, 2001

Figure 8-3-3 Squad One – About Turn at the Halt

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

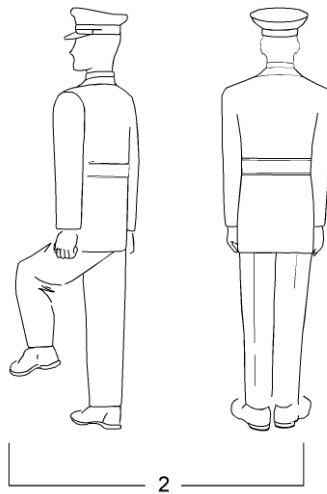
Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO, bending the left knee, straightening it in double time and smartly placing the left foot beside the right to assume the position of attention.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-3-4 Squad Two – About Turn at the Halt

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command ABOUT – TURN, combine the two movements. The standard pause shall be observed between the movements.

The instructor(s) shall provide a full demonstration and allow time for practice.



On the command ABOUT – TURN, combine the two movements. The standard pause shall be observed between the movements.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing executing left and right turns, and about turns and should emphasize movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;

- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 4

EO M108.04 – CLOSE TO THE RIGHT AND LEFT

Total Time:

30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

N/A.

OBJECTIVES

By the end of this lesson the cadet shall be expected to close to the right and left.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

Teaching Point 1

Closing to the Right

Time: 13 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Closing to the right is executed in order to adjust position right. Close march paces to the right shall not be ordered when the distance required to move exceeds eight paces. When the distance is greater, the squad shall be turned and marched the required distance.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)



For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command ONE PACE RIGHT CLOSE MARCH BY NUMBERS, SQUAD – ONE, the cadet shall complete the first number of close march paces to the right by:

1. bending the right knee, carry the foot to the right and place it smartly on the ground with the inside of the heels one side pace 25 cm apart;
2. balancing the weight of the body evenly on both feet; and
3. keeping the arms still at the sides.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall execute the second number of the movement by:

1. shifting the weight of the body to the right foot; and
2. bending the left knee and placing the left foot smartly by the right to assume the position of attention.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command ONE PACE RIGHT CLOSE – MARCH, combine the two movements, observing the following timing:

1. for one pace, “one-one”;
2. for two paces, “one-one, pause, one-two”;
3. for three paces, “one-one, pause, one-two, pause, one-three”, etc.

The instructor(s) shall provide a full demonstration and allow time for practice.



Standard Pause: The standard pause between each movement is two beats in quick time. For example, on the command MOVE TO THE RIGHT IN FILE, RIGHT – TURN, the squad:

1. executes the first movement of the turn on the executive order and simultaneously calls out “ONE”;
2. after completing the first movement, calls “TWO”, “THREE” while observing the standard pause; and
3. when executing the final movement, calls out “ONE”.

Teaching Point 2**Closing to the Left**

Time: 12 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Closing to the left is executed in order to adjust position left. Close march paces to the left shall not be ordered when the distance required to move exceeds eight paces. When the distance is greater, the squad shall be turned and marched the required distance.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command ONE PACE LEFT CLOSE MARCH BY NUMBERS, SQUAD – ONE, the cadet shall complete the first number of the movement by:

1. bending the left knee, carry the foot to the left and place it smartly on the ground with the inside of the heels one side pace 25 cm apart;
2. balancing the weight of the body evenly on both feet; and
3. keeping the arms still at the sides.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall complete the second number of the movement by:

1. shifting the weight of the body to the left foot; and
2. bending the right knee and placing the right foot smartly by the left to assume the position of attention.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command ONE PACE LEFT CLOSE – MARCH, combine the two movements, observing the following timing:

1. for one pace, “one-one”;
2. for two paces, “one-one, pause, one-two”; and
3. for three paces, “one-one, pause, one-two, pause, one-three”, etc.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing closing to the right and left, and should emphasize movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 5

EO M108.05 – EXECUTE PACES FORWARD AND TO THE REAR

Total Time: 30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.04 (Section 4).
- The instructor will have the squad execute close to the right and the left. The instructor will continue to review until the squad can perform the movement without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute paces forward and to the rear.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

Teaching Point 1

Execute Paces Forward

Time: 10 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Paces forward are executed in order to adjust position forward. A cadet shall not be moved forward, more than three paces, by this method. When the distance is greater the cadet will be marched the required distance.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)



For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command ONE PACE FORWARD MARCH BY NUMBERS, SQUAD – ONE, the cadet shall complete the first number of the movement by:

1. shooting the left foot forward one half pace, forcing the weight forward on the left foot, with the right heel raised; and
2. keeping the arms still at the sides.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO, the cadet shall complete the second part of the movement by:

1. bending the right knee, straightening it in double time, placing the right foot smartly on the ground beside the left; and
2. assuming the position of attention.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

Combine the preceding movements with timing. The instructor(s) shall provide a full demonstration and allow time for practice.

On the command ONE PACE FORWARD – MARCH, combine the movements, observing the following timing:

1. for one pace, “one-two”;
2. for two paces, “one, one-two”; and
3. for three paces, “one, one, one-two”.



When taking paces forward and to the rear:

1. the cadence shall be in quick time;
2. the length of each step shall be one half pace (35 cm); and
3. the arms shall be kept still at the sides.

Teaching Point 2

Execute Paces to the Rear

Time: 10 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Paces to the rear are executed in order to adjust position back. A cadet shall not be moved back more than three paces by this method. When the distance is greater the cadet will be marched the required distance.

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

On the command ONE PACE STEP BACK MARCH BY NUMBERS, SQUAD – ONE, the cadet shall execute the first number of the movement by:

1. shooting the left foot to the rear one half pace with the weight forward on the right foot and the left heel raised; and
2. keeping the arms still at the sides.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT

On the command SQUAD – TWO, the cadet shall execute the second number of the movement by:

1. bending the right knee, straightening it in double time, place the right foot smartly on the ground beside the left; and
2. assuming the position of attention.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

Combine the preceding movements with timing. The instructor(s) shall provide a full demonstration and allow time for practice.

On the command ONE PACE(S) STEP BACK – MARCH, combine the movements, observing the following timing:

1. for one pace, “one-two”;
2. for two paces, “one, one-two”; and
3. for three paces, “one, one, one-two”.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing both paces forward and to the rear, and should emphasise movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of military life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

- A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 6

EO M108.06 – EXECUTE THE MOVEMENTS REQUIRED FOR A RIGHT DRESS

Total Time:

30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations).

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.05 (Section 5).
- The instructor will have the squad execute paces forward and to the rear will continue to review until the squad can perform the movements without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute the movements required for a right dress.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.


Teaching Point 1

Execute Right Dress

Time: 10 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

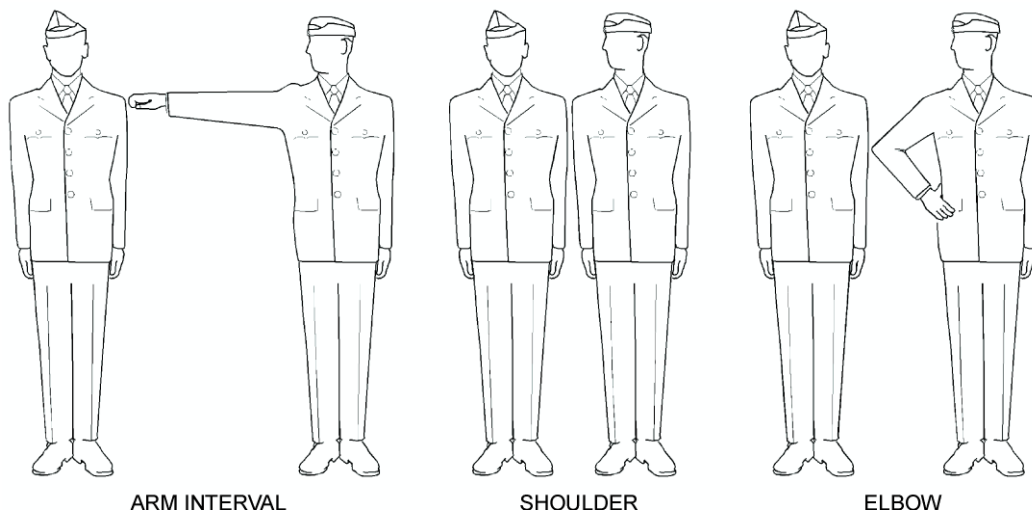


Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

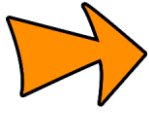
The demonstration shall be provided from various vantage points, as required.

Dressing of a squad is required to ensure a uniform, organized appearance when in a formed body. The most common movement used to dress a squad is the right dress.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, 2001

Figure 8-6-1 Dressing a Squad

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command RIGHT DRESS BY NUMBERS, SQUAD – ONE, the cadet shall complete the first number of the movement by:

1. the right-hand individual of the front rank standing fast; and
2. the remainder shooting the left foot forward, bending the right knee and adopting the position of attention.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall execute the second number of the movement by:

1. the right file standing fast;
2. the remainder turning head and eyes to the right as far as possible without straining; and
3. simultaneously, the front rank, except the right-hand individual, shooting the right arm its full extent behind the shoulder of the one on the right. The hand is closed as in the position of attention, back of the hand uppermost and arm parallel to the ground.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE THIRD PART OF THE MOVEMENT (THIRD NUMBER)

On the command SQUAD – THREE, the cadet shall execute the third number of the movement by:

1. the right-hand individual of the front rank standing fast; and
2. the remainder taking up correct alignment, distance and covering by taking short, quick paces until they are in the correct position beginning with the left foot.

PRACTICE THE SQUAD ON THE THIRD MOVEMENT

Practice the squad on the third movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

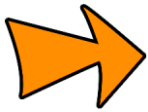
Combine the preceding movements with timing. The instructor(s) shall provide a full demonstration and allow time for practice.

On the command RIGHT – DRESS, combine the movements, and observe the standard pause between the movements. The timing shall be called “one-two, pause, arms, pause, move.”

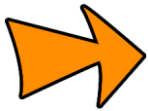


Standard Pause: The standard pause between each movement is two beats in quick time. For example, on the command MOVE TO THE RIGHT IN FILE, RIGHT – TURN, the squad:

1. executes the first movement of the turn on the executive order and simultaneously calls out “ONE”;
2. after completing the first movement, calls “TWO”, “THREE” while observing the standard pause; and
3. when executing the final movement, calls out “ONE”.



When dressing by the left, the same drill is followed except the head and eyes are turned left and the left arm is raised. The left-hand individual stands fast, looks to the front, and those in the file behind adopt the appropriate distance between ranks.



Dressing may be ordered by the centre when required if more than one squad is on parade in line or mass. The command is INWARD – DRESS, and flanking squads shall dress by their left or right as appropriate.



When a squad is formed with only one person in the blank file, that individual shall dress with the front rank when the squad is advancing and with the rear rank when the squad is retiring. When the squad is moving to a flank, the individual shall dress with the directing flank.

Teaching Point 2

Execute Eyes Front

Time: 5 min

Method: Demonstration and Performance

DEMONSTRATE AND EXPLAIN THE MOVEMENT

The cadet shall complete the eyes-front, by:

On the command EYES – FRONT, snapping the head and eyes to the front and cutting the right arm smartly to the rear of the individual on the right and to the position of attention without slapping the thigh.

PRACTICE THE COMPLETE MOVEMENT

Practice the movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Teaching Point 3**Execute Elbow Dress**

Time: 5 min

Method: Demonstration and Performance

DEMONSTRATE AND EXPLAIN THE MOVEMENT

On the command ELBOW DRESSING, RIGHT – DRESS, dressing is carried out as for the right dress except, during the second part of the movement:

1. the right hand is placed on the hip or belt as applicable;
2. fingers are closed, pointed down and extended forward;
3. thumbs are to the rear; and
4. the point of the elbow is forced forward and touching the individual's arm on the right.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Teaching Point 4**Execute Shoulder Dress**

Time: 5 min

Method: Demonstration and Performance

DEMONSTRATE AND EXPLAIN THE MOVEMENT

On the command SHOULDER DRESSING, RIGHT – DRESS, dressing is carried out as for the right dress, except that the arms are not raised and dressing is taken up without arm's length interval. Enough lateral space is left between the shoulders of each person in the rank to complete any movements that may follow the dressing.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing the movements required for a right dress, and should emphasize movements that cadets showed difficulty with during the class.

Practice the complete movement, with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.



COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 7

EO M108.07 – EXECUTE AN OPEN ORDER AND CLOSE ORDER MARCH

Total Time: 30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.06 (Section 6).
- The instructor will have the squad execute a right dress, and will continue to review until the squad can perform the movement without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute an open order and close order march.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.


Teaching Point 1

Execute an Open Order March

Time: 15 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

When in a formed body, cadets are inspected at the open order. In order to adopt this formation, cadets are required to execute the open order march.

The cadet will execute the open order march by the:

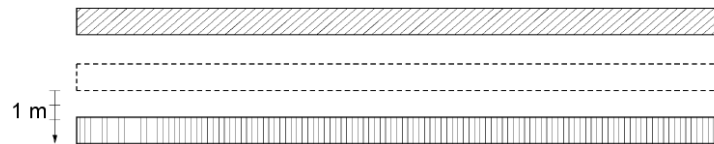
- a. front rank moving forward three half paces;
- b. rear rank stepping back three half paces; and
- c. centre rank standing fast.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-7-1 Open Order March in Three Ranks

When formed in two ranks, the front rank stands fast and the rear rank steps back three half paces.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-7-2 Open Order March in Two Ranks

On the command OPEN ORDER – MARCH, the movements shall be executed as for three check paces forward and to the rear, the final movement being executed by:

1. bending the right knee, straightening it in double time and placing the right foot smartly on the ground by the left; and
2. assuming the position of attention.

PRACTICE THE SQUAD ON THE MOVEMENT

Practice the squad on the movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

The cadence shall be in quick time, and the arms shall be kept still at the sides.

The timing for the movements is counted as “one, one, one-two.”

The instructor(s) shall provide a full demonstration and allow time for practice.



The instructor is to allow the cadets an opportunity to practice the open order march as a member of the front, rear and centre ranks. This is best accomplished by having the ranks change places quickly during the practice stage of the teaching point.

Teaching Point 2

Execute Close Order March

Time: 10 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH THE TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

The cadet shall execute the close order march by the:

1. front rank stepping back three half paces;
2. front rank moving forward three half paces; and

3. centre rank standing fast.

On the command CLOSE ORDER – MARCH, the movements will be executed as for three check paces forward and to the rear, the final movement being executed by:

1. bending the right knee, straightening it in double time and placing the right foot smartly on the ground by the left; and
2. assuming the position of attention.

PRACTICE THE SQUAD ON THE MOVEMENT

Practice the squad on movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

The cadence shall be in quick time, and the arms shall be kept still at the sides.

The timing for the movements is counted as “one, one, one-two.”

The instructor(s) shall provide a full demonstration and allow time for practice.



When formed in two ranks, the front rank stands fast and the rear rank moves forward three half paces.



The instructor is to allow the cadets an opportunity to practice the close order march as a member of the front, rear and centre ranks. This is best accomplished by having the ranks change places quickly during the practice stage of the teaching point.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing open order and close order march, and should emphasise movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of cadet life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 8

EO M108.08 – MARCH AND HALT IN QUICK TIME

Total Time:

30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.07 (Section 7).
- The instructor will have the cadets execute an open order march and close order march, and shall continue to review until the squad can perform the movements without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to march and halt in quick time.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

Teaching Point 1

March in Quick Time

Time: 10 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

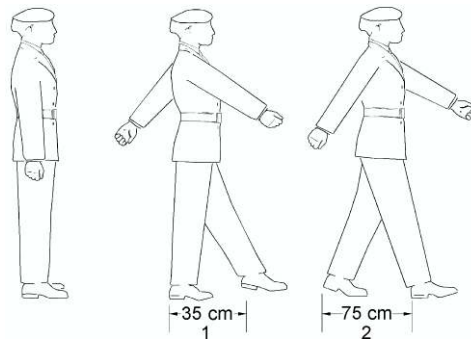
The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Cadet units march and manoeuvre on foot in quick, slow, and double time. When marching in quick time, the cadence is set at 120 paces per minute. All cadet units shall practice, and be prepared to march and manoeuvre with other cadet units, at the standard cadence.

The quick march can be maintained for long periods of time and is the standard for routine duty.

The standard length of pace is 75 cm.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial, 2001*

Figure 8-8-1 Marching in Quick Time

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command QUICK MARCH BY NUMBERS, SQUAD – ONE, the cadet will execute the first number of march in quick time, by:

1. shooting the left foot forward one half pace, toe up;
2. striking the heel on the ground first and keeping the toe pointed directly forward; and
3. simultaneously, swinging the right arm straight forward and the left arm straight to the rear, waist high.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall execute the second number of the movement by:

1. continuing to march with subsequent paces of standard length;
2. bringing the legs forward successively in a straight line;
3. swinging the arms forward successively in a straight line from the shoulder, front to rear, with hands closed as in the position of attention; and
4. maintaining dressing by the directing flank.



The directing flank is the rank or file assigned by the commander as that from which the dressing is to be taken, when formed as a squad.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command QUICK – MARCH, combine the two movements. The timing will be “left-right-left.”

The instructor(s) shall provide a full demonstration and allow time for practice.

Teaching Point 2**Halt in Quick Time**

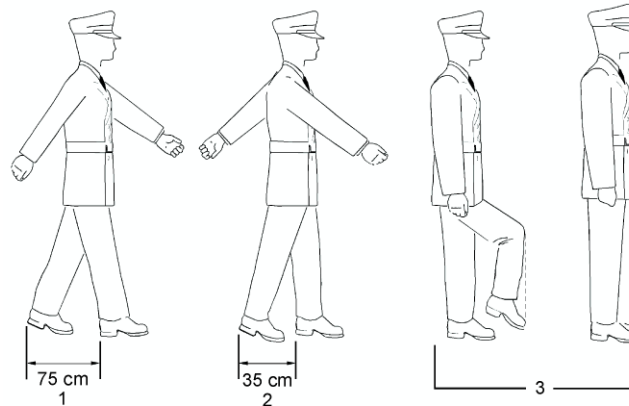
Time: 15 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.



A-PD-201-000/PT-000, The Canadian Forces Manual of Drill and Ceremonial, 2001

Figure 8-8-2 Halting in Quick Time

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

On the command HALT BY NUMBERS, SQUAD – ONE, given as the left foot is forward and on the ground, the cadet shall execute the first number of the movement by:

1. checking the forward movement by placing the right foot flat on the ground naturally, using the heel as a brake; and
2. swinging the left arm forward and the right arm to the rear.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall execute the second number of the movement by:

1. taking a half pace with the left foot, placing it flat on the ground; and
2. swinging the right arm forward and the left to the rear.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE THIRD PART OF THE MOVEMENT (THIRD NUMBER)

On the command SQUAD – THREE, the cadet shall execute the third number of the movement by:

1. bending the right knee, straightening it in double time; and
2. simultaneously, cutting the arms to the side as quickly as possible and assuming the position of attention.

PRACTICE THE SQUAD ON THE THIRD MOVEMENT

Practice the squad on the third movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command SQUAD – HALT, combine the three movements in quick time. The timing is called as “one, one-two”.

The instructor(s) shall provide a full demonstration and allow time for practice.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing marching and halting in quick time, and should emphasise movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of cadet life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

- A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.



COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 9

EO M108.09 – EXECUTE MARKING TIME, FORWARD, AND HALTING IN QUICK TIME

Total Time: 30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.08 (Section 8).
- The instructor will have the squad march and halt in quick time until they can perform the movement without hesitation, and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute marking time, forward and halting in quick time.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.


Teaching Point 1

Execute Marking Time

Time: 9 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

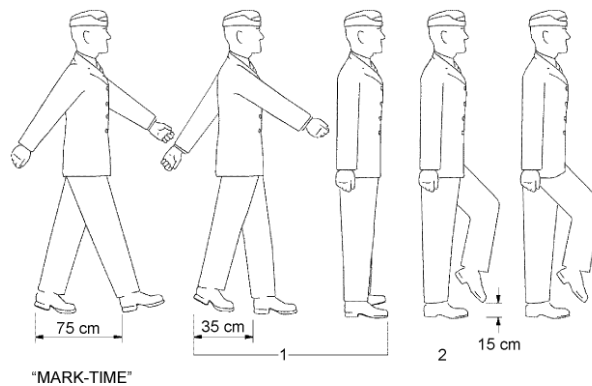


Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Marking time is executed when a cadet is required to cease forward motion for a short period of time, while on the march. Marking time is carried out at the same cadence as for marching. Only the legs are moved and the upper portion of the body remains in the position of attention with arms at the side.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, 2001

Figure 8-9-1 Marking Time in Quick Time

DEMONSTRATE AND EXPLAIN THE FIRST PART OF MOVEMENT (FIRST NUMBER)

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command MARK TIME BY NUMBERS, SQUAD – ONE, given as the right foot is forward on the ground, the cadet shall execute the first number of the movement by:

1. taking a half pace with the left foot, placing the foot flat on the ground naturally;
2. maintaining the same cadence, bringing the right foot into the left in a straight leg manner, not scraping the ground;
3. simultaneously, cutting the arms to the sides and assuming the position of attention; and
4. maintaining the same cadence.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall execute the second number by:

1. bending the left knee so that the thigh is parallel to the ground and the foot at a natural angle;
2. placing the toe on the ground before the heel as the leg is lowered; and
3. continuing to mark time until the command FOR – WARD or HALT is given.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

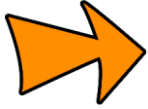
On the command MARK – TIME, combine the two movements. Utilize the timing: “left – in – left – right – left”.

The instructor(s) shall provide a full demonstration and allow time for practice.

Teaching Point 2**Execute Forward From Marking Time**

Time: 9 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

This movement cannot be broken down into squads, as it is best learned as a complete movement.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

On the command FOR – WARD, given as the left foot is on the ground, the cadet shall carry on marching forward, from the mark time by:

1. straightening the right leg and assuming the position of attention;
2. shooting the left foot forward in a half pace; and
3. continuing to march in quick time, swinging the right arm forward and the left to the rear.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command MARK – TIME, combine the two movements. Utilize the timing: “left – in – left – right – left”.

The instructor(s) shall provide a full demonstration and allow time for practice.

Teaching Point 3**Execute Halting in Quick Time From Marking Time**

Time: 7 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

This movement cannot be broken down into squads, as it is best learned as a complete movement.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

On the command SQUAD – HALT, given as the left foot is on the ground, the cadet will halt, from the mark time by:

1. taking a further mark time pace with the right foot;
2. taking a further mark time pace with the left foot; and
3. straightening the right leg in double time and assuming the position of attention, utilizing the timing: “one, one-two”.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command MARK – TIME, combine the two movements. Utilize the timing: “left – in – left – right – left”.

The instructor(s) shall provide a full demonstration and allow time for practice.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing marking time, forward from marking time, and halting in quick time. Instructors should emphasise movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of cadet life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

- A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 10

EO M108.10 – EXECUTE A SALUTE ON THE MARCH

Total Time:

30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

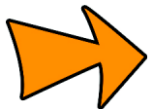
- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.08 (Section 8).
- The instructor will have the squad march, and halt in quick time until they can perform the movement without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to execute a salute on the march.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.


Teaching Point 1

Execute Saluting on the March

Time: 15 min

Method: Demonstration and Performance

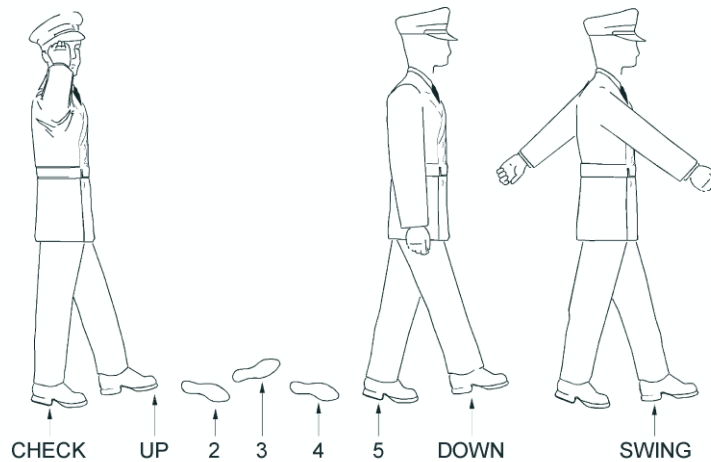
DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial, 2001*

Figure 8-10-1 Saluting on the March

DEMONSTRATE FIRST PART OF MOVEMENT (FIRST NUMBER)

For ease of instruction, drill commands have been broken down into individual movements, or numbers. The instructor(s) shall demonstrate and explain each number.

On the command TO THE RIGHT (LEFT) SALUTE BY NUMBERS, SQUAD – ONE, given as the left foot is forward and on the ground, the cadet shall execute the first number by:

1. completing the next pace with the right foot; and
2. swinging the left arm forward and the right arm to the rear normally.

PRACTICE THE SQUAD ON THE FIRST MOVEMENT

Practice the squad on the first movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

DEMONSTRATE AND EXPLAIN THE SECOND PART OF THE MOVEMENT (SECOND NUMBER)

On the command SQUAD – TWO, the cadet shall execute the second number by:

1. completing the next pace with the left foot;
2. cutting the left arm to the side; and
3. cutting the right arm forward to the side and then up into the salute in one continuous movement.

PRACTICE THE SQUAD ON THE SECOND MOVEMENT

Practice the squad on the second movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE THIRD PART OF THE MOVEMENT (THIRD NUMBER)

On the command SQUAD – THREE, the cadet shall complete four paces in quick time, ending with the left foot forward.

PRACTICE THE SQUAD ON THE THIRD MOVEMENT

Practice the squad on the third movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE FOURTH PART OF THE MOVEMENT (FOURTH NUMBER)

On the command SQUAD – FOUR, the cadet shall execute the fourth number by:

1. completing a pace with the right foot; and
2. cutting the right arm to the side.

PRACTICE THE SQUAD ON THE FOURTH MOVEMENT

Practice the squad on the fourth movement collectively, individually and collectively.

DEMONSTRATE AND EXPLAIN THE FIFTH PART OF THE MOVEMENT (FIFTH NUMBER)

On the command SQUAD – FIVE, the cadet shall continue to march.

PRACTICE THE SQUAD ON THE FIFTH MOVEMENT

Practice the squad on the fifth movement collectively, individually and collectively.

GIVE TWO COMPLETE AND FINAL DEMONSTRATIONS

On the command TO THE RIGHT (LEFT) – SALUTE, the movements and combined, and the timing, “check – up – two – three – four – five – down – swing”, is utilized.

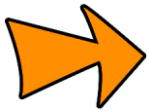
The instructor(s) shall provide a full demonstration and allow time for practice.

Teaching Point 2

Practice Saluting on the March

Time: 10 min

Method: Demonstration and Performance



While saluting, the head is turned right (left) as far as possible without straining.

On the command TO THE RIGHT (LEFT) – SALUTE, the movements are combined, and the timing, CHECK – UP – TWO – THREE – FOUR – FIVE – DOWN – SWING, is utilized.



Note: This movement requires much practice as a formed body, and the instructor is encouraged to fully utilize this time for said practice.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing saluting on the march (**right and left**), and should emphasise movements that cadets showed difficulty with during the class.

Practice the complete movement with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of cadet life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 11

EO M108.11 – PAY COMPLIMENTS WITH A SQUAD ON THE MARCH

Total Time:

30 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to instructing this lesson the instructor shall:

- review the lesson content, and become familiar with the material; and
- select the most effective squad formation for the lesson being taught. A squad may be in a single rank, hollow square or semi-circle for elementary drill instruction. (Note: All cadets **must** be able to fully observe all demonstrations and explanations.)

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

This lesson will be presented using the demonstration and performance method. The demonstration and performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method provides the instructor the opportunity to introduce the subject matter, demonstrate and explain procedures, and supervise the cadets while they imitate the skill. This method appeals to all learning styles.



The instructor shall develop and use a vocabulary of short, concise words to impress on the squad that the movements must be performed smartly. For example, the words “crack”, “drive”, “seize” and “grasp” suggest the degree of smartness required. Profanity or personal sarcasm shall never be used.

REVIEW

The pertinent review for this lesson will include:

- EO M108.10 (Section 10).
- The instructor will have the squad salute on the march until they can perform the movement without hesitation and with ease.

OBJECTIVES

By the end of this lesson the cadet shall be expected to pay compliments as a member of a squad on the march.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets efficiently move together as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

Teaching Point 1

Execute Eyes Right (Left) To Pay Compliments on the March

Time: 15 min

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING



Instructors are reminded that they are to present the example with regards to drill, from the moment they step onto the parade square. Proper drill movements, combined with a professional demeanour, are of paramount importance, and must be exemplified throughout the period of instruction.

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

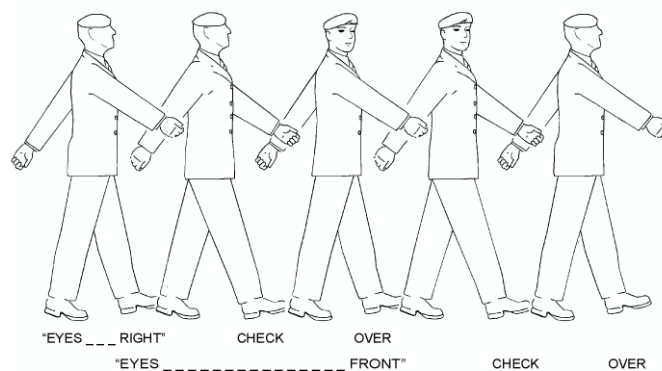
The demonstration shall be provided from various vantage points, as required.

As a member of a squad, cadets will be required to pay compliments. While marching as a member of a squad, cadets shall not salute from within the ranks, but shall turn the head in the direction of the person or object to which compliments are being paid when the command is called.

DEMONSTRATE THE MOVEMENT

On the command EYES – RIGHT (LEFT), given as the left foot is forward and on the ground, the cadet shall pay compliments on the march as a member of a squad by:

1. completing the next pace forward with the right foot;
2. as the left foot comes forward again and strikes the ground, turning the head and eyes to the right (left) as far as possible without straining and looking directly into the eyes of the personage being saluted;
3. continuing to swing the arms; and
4. maintaining dressing, direction, and cadence, while continuing to march.



A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial, 2001*

Figure 8-11-1 Eyes Right on the March



The leading person on the directing flank shall maintain head and eyes to the front to keep direction.



The person in command of the squad shall salute.

PRACTICE THE SQUAD ON THE MOVEMENT

Practice the squad on the movement collectively, individually and collectively.



Constant checking and correcting of all faults is essential. Faults shall be corrected immediately after they occur.

Teaching Point 2

Time: 10 min

Execute Eyes Front While on the March

Method: Demonstration and Performance

DEMONSTRATE THE COMPLETE MOVEMENT WITH TIMING

The instructor shall provide a complete demonstration of the drill movement, with timing. A practiced assistant instructor may carry out this demonstration.

The demonstration shall be provided from various vantage points, as required.

Once the proper compliment has been paid, the cadets will be required to return the head to a forward facing direction.

DEMONSTRATE THE MOVEMENT

The cadet shall return the head to the front on the command EYES – FRONT, given as the left foot is forward and on the ground, by:

1. completing the next pace forward with the right foot; and
2. as the left foot comes forward and strikes the ground, cutting the head and eyes smartly to the front.



The person in command of the squad completes the salute on the right foot by checking the arms to their sides, simultaneously turning the head to a forward facing direction, and commences to swing the arms on the following pace with the left foot.

PRACTICE THE SQUAD ON THE MOVEMENT

Practice the squad on the movement collectively, individually and collectively.

END OF LESSON CONFIRMATION

The confirmation for this lesson should consist of the cadets, as a squad, practicing paying compliments on the march to the right and left, and should emphasise movements that cadets showed difficulty with during the class.

Practice the complete movement, with the:

- **instructor** calling the time;
- **squad** calling the time; and
- squad **judging** the time.

CONCLUSION

HOMEWORK/READING/PRACTICE

Drill movements are skills that must be practiced individually, in order to make the cadet more proficient as a member of a unit. Cadets are encouraged to practice the movements, as opportunities are made available. Ongoing feedback will be provided, and should be heeded during any drill practice.

METHOD OF EVALUATION

In accordance with A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall participate in an Annual Ceremonial Review (ACR) parade. This movement will be used in preparation for, and in the execution of, the ACR parade.

CLOSING STATEMENT

The hallmarks of cadet drill are efficiency, precision, and dignity. These qualities are developed through self-discipline and practice. They lead to unit pride and cohesion. Good drill, that is well rehearsed, closely supervised and precise, is an exercise in obedience and alertness. It sets the standard for the execution of any duty, both for the individual and the unit, and builds a sense of confidence between commander and subordinate that is essential to high morale. The personal qualities developed on the parade ground must be maintained in all aspects of cadet life.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000, DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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COMMON TRAINING INSTRUCTIONAL GUIDE



SECTION 12

EO M108.CA – PARTICIPATE IN AN ANNUAL CEREMONIAL REVIEW PARADE

Total Time:

90 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

Prior to the instruction of this lesson the instructor shall:

- review the lesson content, and become familiar with the material prior to instruction of this lesson;
- ensure suitable practice time has been allotted in the weeks preceding the Annual Ceremonial Review (ACR) parade, in accordance with the format provided at Annexes A through D; and
- ensure the words of command are provided to the respective parade appointments in the weeks preceding the ACR parade.

PRE-LESSON ASSIGNMENT

Prior to the lesson, the cadet shall have completed:

- all mandatory EOs in PO 108, ensuring the movements are well rehearsed IAW A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*;
- any additional training required to bring personal drill to the standard laid out in A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*; and
- individual assistance as required.

APPROACH

The experiential method was chosen to allow cadets to develop knowledge and skills through a process whereby concepts are derived from, and continuously modified by, their own experience. The experiential method combines a short initial activity briefing, a structured or semi-structured activity, and a reflective group discussion. The instructor supervises the activity and then leads a group discussion to encourage reflection and make connections between the experience and future applications of the learning outcomes. This method appeals to tactile/kinaesthetic learners.

REVIEW

N/A.

OBJECTIVES

Upon completion of EO M108.CA the cadet shall be expected to perform all drill movements required for, and have participated in, an ACR parade.

IMPORTANCE

As members of the Canadian Cadet Movement (CCM) cadets will be required to perform drill movements at a competent level, developing sharpness, esprit de corps, physical coordination, and alertness. These movements will be executed with ease and without hesitation. Ensuring that the cadets move efficiently and as one will promote discipline, alertness, precision, pride, steadiness, and cohesion. This develops the basis of teamwork that the CCM depends on.

ACTIVITY

Time: 90 min

OBJECTIVE

This activity is intended to confirm the ability of a year one cadet to participate fully in an ACR parade. It involves all of the mandatory drill movements taught throughout PO 108, combined in a cadet specific review format.

RESOURCES

- Parade area suitable for conduct of an ACR parade.
- Parade markers used in establishing the parade area IAW A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*.

ACTIVITY LAYOUT

This activity will be conducted in accordance with Annexes A through D.

SAFETY

This activity will be conducted under supervision.

INSTRUCTOR GUIDELINES

The instructor shall supervise all aspects of the preparation and execution of this confirmation activity. It is the responsibility of the instructor, in accordance with direction from the squadron CO, to amend the parade format found at Annexes A through D, to match the individual requirements of the squadron and the community. These amendments may include, though are not limited to; the addition of demonstrations and displays, the addition of squadron traditions and/or affiliated unit procedures, and the addition of community involvement. These augmentations are not to compromise the professional appearance of the parade.

END OF LESSON CONFIRMATION

N/A.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

This lesson acts as the confirmation activity for PO 108. The execution of the parade will allow the instructor to observe and confirm the cadets' ability to perform the required movements and procedures.

CLOSING STATEMENT

The ACR parade is the opportunity for cadet squadrons to showcase their year of training and, specifically, to demonstrate their grasp of the drill required to participate in a professional, military style parade.

INSTRUCTOR NOTES/REMARKS

1. Each year cadet squadrons are required to conduct an ACR parade. In the year one training programme, this requirement is included as the confirmation activity for PO 108 (EO M108.CA).
2. These guidelines are provided to assist the instructor in presentation of EO M108.CA, ensuring the requirements of A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, are met, while also recognizing the unique nature of the cadet squadron structure.
3. These guidelines provide the basic requirements to allow a cadet squadron to execute an ACR parade, and will meet the needs of the majority of cadet squadrons.
4. Squadrons are not required to parade a Flag Party, however; cadet specific instructions have been provided at Annex C for those squadrons choosing to include flags as part of the ACR parade. Annex C details the procedure for falling in and falling out a Flag Party to assist flag parties in their preparation, and Annex D includes complete Flag Party instructions, inserted at the appropriate points in the parade sequence.
5. These guidelines are presented in several annexes intended to capture most accurately the requirements of various squadron compositions. Initially, the squadron will have to determine if they have sufficient numbers to warrant parading a flight (effective parade strength of less than 32 cadets), or if the parade strength calls for the parading of a squadron (two or more flights and a parade strength of 45 cadets or more). When the squadron is parading between 32 and 45 cadets, the instructor shall determine the appropriate formation for their circumstances.
6. Below is a list of annexes provided within these guidelines. The instructor shall review the annexes and, in consultation with the squadron CO, select an applicable formation and a review format that best suits the needs of the squadron.
 - Annex A, General Outline and Ordering a Flight on Parade.
 - Annex B, Forming Up a Squadron.
 - Annex C, Marching On and Marching Off of the Flags.
 - Annex D, Annual Ceremonial Review Parade Sequence of Events.

REFERENCES

- A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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ROYAL CANADIAN ARMY CADETS

GREEN STAR

INSTRUCTIONAL GUIDE



SECTION 13

EO C108.01 – EXECUTE SUPPLEMENTARY DRILL MOVEMENTS

Total Time:

180 min

No Instructional Guide is provided for this EO, refer to A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, Chapter 2 or 3, for approved supplementary drill periods.

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ROYAL CANADIAN ARMY CADETS

GREEN STAR

INSTRUCTIONAL GUIDE



SECTION 14

EO C108.02 – PARTICIPATE IN A DRILL COMPETITION

Total Time:

90 min

INTRODUCTION

PRE-LESSON INSTRUCTIONS

The instructor shall review the lesson content, and become familiar with the material prior to instruction of this lesson.

A complete list of resources needed for the instruction of this EO is located at Chapter 2 of the QSP. Specific uses for said stores are identified throughout the Instructional Guide, within the teaching point for which they are required.

PRE-LESSON ASSIGNMENT

Cadets are to have completed all mandatory EOs associated with PO 108 prior to participating in a drill competition.

APPROACH

This lesson will be presented using the performance method. The performance method was chosen to allow cadets to participate in supervised exploration of practical instructional material. This method appeals to all learning styles.

REVIEW

The movements associated with EO M108.CA (Section 12) will be reviewed by the assigned team captain, and shall correspond with the movements associated with the drill competition.

OBJECTIVES

This complementary package is intended to encourage the cadets to gain an interest in PO 108 while providing a venue for friendly competition within a controlled environment. This activity will encourage cadets to continue to practice the movements on their own, leading to eventual improvement of the squadron's drill.

IMPORTANCE

To ensure cadets efficiently march and manoeuvre together as one, this activity promotes; discipline, alertness, precision, pride, steadiness and cohesion.

ACTIVITY – DRILL COMPETITION

Time: 90 min

OBJECTIVE

To ensure cadets efficiently march and manoeuvre together as one, thereby promoting discipline, alertness, precision, pride, steadiness and cohesion.

RESOURCES

- Parade square, of suitable size to allow for execution of the required movements.
- Uniforms and accoutrements.
- One stopwatch.
- Masking tape.
- Tables and chairs for the judges.
- Portable hand counters.

ACTIVITY LAYOUT

This activity is described in detail in Annex E of this document.

SAFETY

This activity is to be supervised.

INSTRUCTOR GUIDELINES

The activity instructional break down is explained in detail in Annex E.

END OF LESSON CONFIRMATION

The confirmation for this lesson will be effectively completed through the drill competition.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

This lesson will be evaluated through a drill competition. The competition will be assessed in accordance with the evaluation forms located in Annex E, Appendix 3.

CLOSING STATEMENT

This complementary package is intended to encourage the cadets to gain an interest in PO 108, while providing a venue for friendly competition within a controlled environment. This activity will encourage cadets to continue to practice the movements on their own, leading to eventual improvement of the squadron's drill.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

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ORDERING A FLIGHT ON PARADE

Reference: A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

This formation should be implemented when there is an effective parade strength of less than 32 cadets.

1. Flight in Line

Reference: A0-002 Chapter 7, paragraph 7.

Regardless of its frontage, when a flight is formed in line, the Flight Commander (F Comd) shall be positioned three paces in front and centred on the flight, and the Flight Sergeant (F Sgt) shall be positioned three paces in rear and centred on the flight (Figure 8A2-1).

2. Steps to Ordering a Flight on Parade

Reference: A0-002 Chapter 7, paragraphs 12 to 15.

A flight is ordered on parade in a similar manner to falling in a squad:

- a. Prior to being fallen in on parade, the flight shall form in three ranks at the edge of the parade ground and stand at ease.
 - b. The F Sgt shall designate the right-hand person of the front rank as the marker.
 - c. The F Sgt shall then proceed unto the parade ground and halt three paces in front of where the marker is to fall.
 - d. The F Sgt shall then carry on with the directions detailed at Annex A, Appendix 1, Items 1 to 10.
 - e. Cadets filling the positions of supernumerary officers, WOs and senior NCOs act as follows:
 - (1) The WOs and senior NCOs will form up in a supernumerary rank, three paces behind the rear rank, evenly spaced across the flight frontage. They will act on the orders of the F Sgt.
 - (2) Those acting as supernumerary officers will be ordered to fall in by the F Comd after assuming command, as in squadron drill.
3. The flight shall be handed over to the F Comd in the following manner, and in accordance with directions detailed at Annex A, Appendix 1, Items 11 to 13:
- a. The F Sgt calls the flight to attention as the F Comd approaches.
 - b. The F Comd halts two paces in front of the F Sgt, who reports the strength, condition, etc. of the flight.
 - c. Upon being ordered to fall in, the F Sgt turns right and proceeds by a series of wheels around the right flank to take up his position in rear of the flight.
 - d. The F Comd marches forward two paces to take up his position.
 - e. The F Comd stands the parade at ease once the F Sgt has occupied the proper position.

Note: The flight formations shall be utilized when the squadron has an established strength of 32 or less cadets.

The two flight formations utilized are:

- Flight in Line (Figure 8A2-1); and
- Flight in Column of Route (Figure 8A2-2).

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ORDERING A FLIGHT ON PARADE

Item	Command	By	Action	Remarks
1.		F Sgt	The F Sgt shall march to a position three paces in front of, and facing, the position the marker is to occupy.	The flight is formed up in a position just off the parade ground, standing easy. The right-hand cadet of the front rank is the designated "marker".
2.	Marker	F Sgt	The marker shall come to attention, answer by rank, and observe the standard pause before marching in a direct line to, and halting three paces in front of and facing, the F Sgt. The marker shall remain at attention.	The flight shall come to the position of stand at ease. The F Sgt, after placing the marker, shall turn right and march to a position three paces in front of and centre facing where the formation shall fall in.
3.	Flight FALL – IN	F Sgt	Formation shall come to attention, observe the standard pause and march onto the parade ground. It shall halt on the left of and covering off the marker and remain at attention.	A direct route shall be taken by the formation. The F Sgt may wish to call the halt with less experienced groups.
4.	OPEN ORDER – MARCH	F Sgt	The flight acts as ordered. The F Sgt maintains the proper distance from the front rank by taking three half paces to the rear.	When formed in three ranks, the front rank takes three half paces forward, and the rear rank three half paces rearward. When in two ranks the rear rank takes three half paces rearward, and the front rank stands fast.
5.	RIGHT – DRESS	F Sgt	The flight acts as ordered. The F Sgt shall step off, marching and wheeling until six paces to the right of the right flank, facing the front and in line with the front rank. There the F Sgt shall halt. The F Sgt then turns left, and dresses the front rank.	F Comd not yet on parade.
6.	FRONT RANK STEADY	F Sgt	Turns left, and, keeping the arms at the side, paces off the interval, halts, turns right, and dresses the centre rank.	
7.	CENTRE RANK STEADY	F Sgt	Turns left, and, keeping the arms at the side, paces off the interval, halts, turns right, and dresses the rear rank.	

Item	Command	By	Action	Remarks
8.	REAR RANK STEADY	F Sgt	The flight warrant steps off and, by a series of wheels, adopts the position three paces in front of, and centred on the flight.	
9.	EYES – FRONT	F Sgt	The flight acts as ordered.	Ordered by the F Sgt after returning to the position in front of the flight.
10.	STAND AT – EASE	F Sgt	The flight acts as ordered. The F Sgt turns about, faces the front, and stands at ease.	F Sgt awaits the arrival of the F Comd.
11.	ATTEN – TION	F Sgt	The flight acts as ordered. The F Sgt, on seeing the F Comd approach, shall come to attention, turn about and face the flight to give the order. The F Sgt shall turn and face the front once the order is carried out.	Given as the F Comd approaches.
12.			The F Comd shall halt two paces in front of the F Sgt. The F Sgt shall salute and report the flight. On completion of reporting, the F Comd shall order the F Sgt to fall in. The F Sgt shall turn right and move to the assigned parade position, moving around the right flank of the flight.	The F Sgt shall, by a series of wheels, adopt the position three paces to the rear of the flight in line with F Comd. The F Comd shall take two paces forward to the position vacated by the F Sgt and wait until the F Sgt is in position prior to issuing additional orders.
13.	FLIGHT STAND AT – EASE	F Comd	The flight acts as ordered.	The F Comd carries on inspecting the flight or proceeding with training or ACR parade format as assigned.
<p>Note: The formations used are as follows:</p> <ul style="list-style-type: none"> • <i>five or fewer form up in a single rank;</i> • <i>six to nine form up in two ranks; and</i> • <i>ten or more form up in three ranks.</i> 				

FLIGHT IN LINE AND FLIGHT IN COLUMN OF ROUTE DIAGRAMS

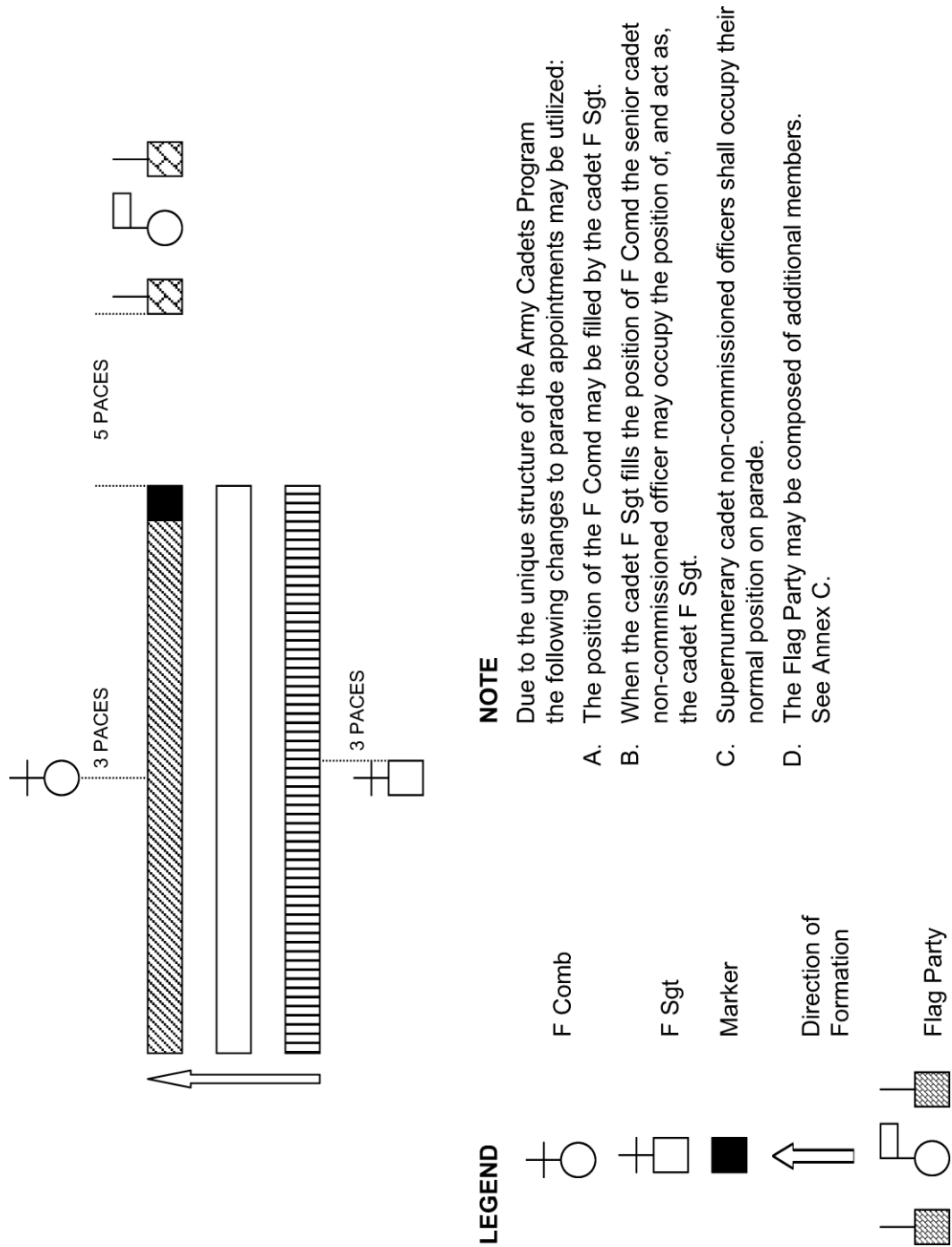
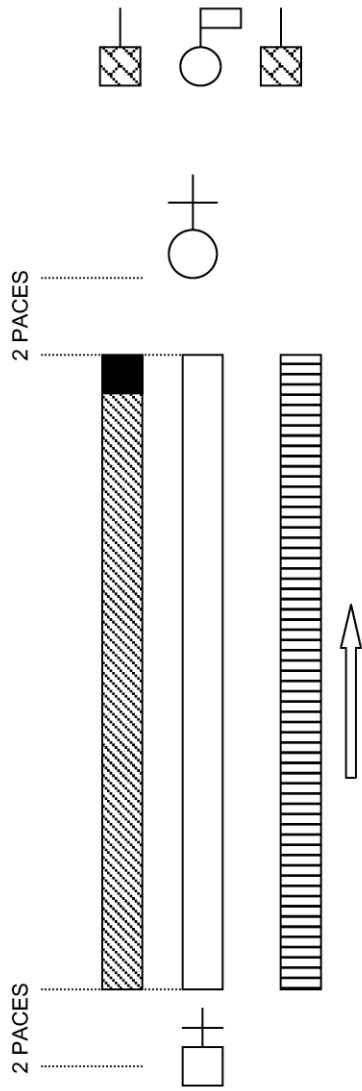







Figure 8A2-1 Flight in Line



LEGEND

-  F Comb
-  F Sgt
-  Marker
-  Direction of Formation
-  Flag Party

NOTE

Due to the unique structure of the Army Cadets Program the following changes to parade appointments may be utilized:

- A. The position of the F Comb may be filled the cadet F Sgt.
- B. When the cadet F Sgt fills the position of F Comb the senior cadet non-commissioned officer may occupy the position of, and act as, the cadet F Sgt.
- C. Supernumerary cadet non-commissioned officers shall occupy their normal position on parade.
- D. The Flag Party may be composed of additional members. See Annex C.

Figure 8A2-2 Flight in Column of Route

FORMING UP A SQUADRON

ORDERING A SQUADRON ON PARADE

Reference: A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

This formation should be implemented when there is an effective parade strength of more than 45 cadets.

1. Steps to Forming Up a Squadron

Reference: A0-002 Chapter 7, paragraphs 24 to 26.

- a. Prior to forming the squadron, the F Sgts shall normally call the roll and inspect their flights. They then position their flights (sized, if so ordered) normally at the edge of the parade ground. They shall report their flights' strengths prior to the markers being called.
- b. A squadron may be formed up in one of the two following formations:
 - (1) Squadron in Line (Figure 8B2-1); and
 - (2) Squadron in Column of Route (Figure 8B2-2).
- c. The squadron is normally formed up in the centre of the allotted parade ground. Knowing the squadron's strength and frontage, the SWO selects the position to fall in the markers, by:
 - (1) dividing the squadron's frontage, including intervals, in two, and marching the appropriate number of paces to the right flank for line; and
 - (2) dividing the frontage of the squadron's leading (and largest) flight by two and marching off an equal number of paces to the right flank from where the squadron will be centred, for column or close column of flights.

Note: Where space is limited, intervals and distances between squadrons and sub-squadrons may be decreased.

2. Cadet Parade Positions

- a. The unique nature of the cadet squadron allows for the adjustment of parade positions to be filled by cadet WOs and cadet senior NCOs.
- b. The following parade positions are normally filled by cadets when conducting a formal parade:
 - (1) Parade Commander (Sqn Comd) – Cadet Parade Commander (WO1);
 - (2) Parade Deputy Commander (D Comd) – Cadet WO2;
 - (3) Parade Sergeant Major – (Sqn WO) – Cadet WO2;
 - (4) Left Guide – Cadet WO;
 - (5) Flight Commander – Cadet FSgt; and
 - (6) Flight Warrant Officer – Cadet Sgt.

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FORMING UP A SQUADRON

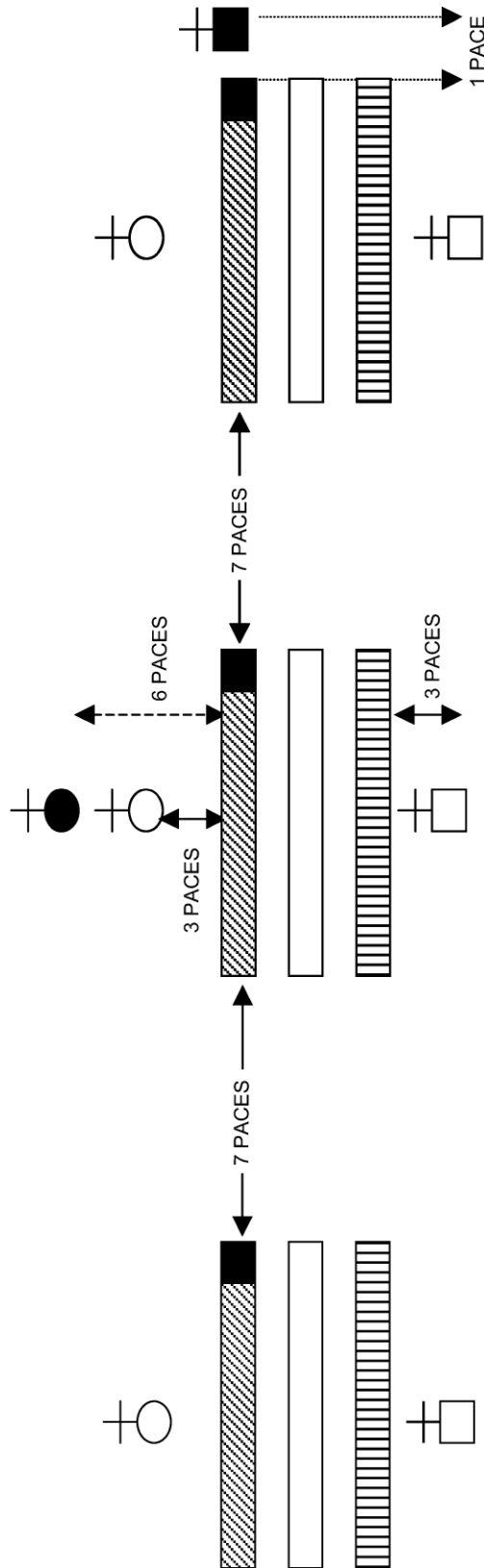
Item	Command	By	Action	Remarks
1.			The SWO marches to, and halts, in a position three paces to the left and facing the position to be occupied by the marker of No. 1 flight.	The flights are normally positioned at the edge of the parade ground, standing easy. The SWO shall face the future position of the front rank if the squadron is to form up in line, and the right flank if the squadron is to form up in close column of flight.
2.	MARKERS	SWO	The flight markers come to attention, and march onto the parade ground. The marker of No. 1 flight halts three paces in front of and facing the SWO. The remainder halt on the left of the No. 1 flight marker and dress to the right at shoulder dressing. Upon completion of dressing, they look to the front in succession from the right. The markers remain at attention.	Flights formed on the edge of the parade ground adopt the stand at ease position. Standard pauses are observed between drill movements completed by the markers.
3.	MARKERS – NUMBER	SWO	Markers number in succession from the right, e.g. ONE, TWO, etc.	
4.	No. 1 FLIGHT RIGHT, REMAINDER LEFT – TURN	SWO	No. 1 flight marker turns right, the remainder turn left.	The SWO specifies the number of paces to be taken by Nos. 2 and 3 flight markers after completion of the left turn.
5.	No. 1 FLIGHT STAND FAST, REMAINDER QUICK – MARCH	SWO	No. 1 flight marker stands fast, the remainder quick march the required distance and halt.	
6.	No. 1 FLIGHT STAND FAST, REMAINDER ABOUT – TURN	SWO	No. 1 flight marker stands fast, the remainder about turn and cover off the No. 1 flight marker.	The SWO, by wheeling, marches out six paces in front (right flank) of No. 1 flight marker and ensures the markers are covered off.
7.	MARKERS – STEADY	SWO	The markers stand fast.	The squadron is being formed in line.

Item	Command	By	Action	Remarks
7a.	MARKERS LEFT – TURN	SWO	The markers turn left.	This order places the markers in line. The SWO then, by wheeling, assumes a position six paces in front of and facing the future centre of the squadron.
8.	SQUADRON FALL – IN	SWO	The F Sgts, together, come to attention, and turn about, facing their respective flights.	
9.	No. 1 FLIGHT – ATTENTION	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 F Sgts order their flights to attention in succession, following No. 1 flight.
10.	No. 1 FLIGHT RIGHT – TURN	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 F Sgts order their flights to turn in succession, following No. 1 flight.
11.	No. 1 FLIGHT QUICK – MARCH	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 F Sgts order their flights to quick march in succession, following No. 1 flight.
12.	No. 1 FLIGHT – HALT	No. 1 F Sgt	The flight halts on its marker.	Nos. 2 and 3 F Sgts order their flights to quick march in succession, following No. 1 flight.
13.	No. 1 FLIGHT ADVANCE LEFT – TURN	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 WOs order their flights to advance in succession, following No. 1 flight. As the No. 3 F Sgt gives the command Left – Turn all F Sgts will turn about and face the front together.
14.	SQUADRON OPEN ORDER – MARCH	SWO	The squadron acts as ordered.	
15.	SQUADRON RIGHT – DRESS	SWO	The squadron acts as ordered.	The cadet F Sgts shall turn about and observe the standard pause. No. 1 F Sgt shall, by a series of wheels, move to the right flank as per dressing a flight. The F Sgt of Nos. 2 and 3 flights shall pace off the proper intervals

Item	Command	By	Action	Remarks
				between the flight on their right and their own flight and position their markers accordingly.
16.	SQUADRON EYES – FRONT	SWO	The squadron acts as ordered.	The F Sgts turn about. No. 1 F Sgt, by a series of wheels, adopts the proper position in front of No 1 flight.
17.	REPORT YOUR FLIGHTS	SWO	F Sgts report their flights.	F Sgts, when reporting their flights, shall call out in succession.
18.	SQUADRON STAND AT – EASE	SWO	The squadron acts as ordered.	SWO awaits the arrival of the Parade Commander (Pde Comd) and turns over control of the parade at that time.

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SQUADRON IN LINE AND SQUADRON IN COLUMN OF ROUTE DIAGRAMS



NOTE

- A. The flights are side by side on the same alignment, with a seven-pace interval between flights.
- B. Each flight is formed as in flight drill.
- C. The PDE Comd is centered, three paces in front of the line of F Comds.
- D. The SWO (right guide) is one pace to the right of the No. 1 Flight marker, in line with the front rank.

IF APPLICABLE:

- E. The D Comd is in line with the F Comd and three paces in front of the second single file from the right flank of the squadron.
- F. The WO (left guide) is one pace to the left and of the left flank of the squadron, in line with the front rank.
- G. Any supernumerary warrant officers and senior NCOs are evenly distributed across the rear of the flights, in line with the F Sgts.

LEGEND

- PDE Comd
- SWO
- F Comd
- F Sgt
- Marker
- ↑ Direction of Formation
- Flag Party
- (Flag Party Composition may vary, See Annex C)

Figure 8B2-1 Squadron in Line

MARCHING ON AND MARCHING OFF THE FLAGS

THE CADET FLAG PARTY

Reference: A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

Composition of Cadet Squadron Flag Party

Reference: A0-002 Chapter 8, Section 2, paragraphs 1 to 2.

1. The composition of the Flag Party (one flag) may reflect one of the following:
 - a. cadet warrant officer and two cadet flight sergeants (escorts);
 - b. cadet flight sergeant and two cadet sergeants (escorts); or
 - c. cadet sergeant and two cadet corporals.



Figure 8C-1 One Flag With Escort

2. The composition of the Flag Party (two flags) may include two senior cadets and three escorts. These escorts should be of suitable drill ability and experience to bring credit to the squadron.

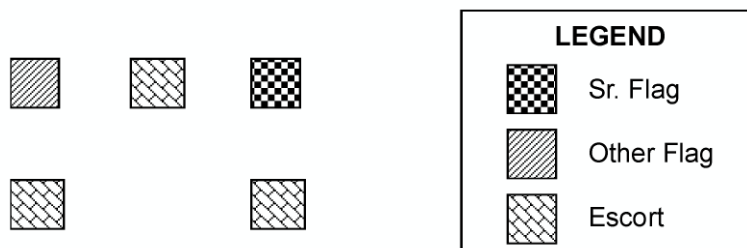


Figure 8C-2 Flag Party – Two Flags With Escort

3. The following points WRT Flag Parties shall be adhered to:
 - a. The term “Colour Party” is not to be used. Proper terminology for the formation is “Flag Party”.
 - b. The Flag Party commander is the senior cadet carrying the senior flag.
 - c. The National Flag, when carried, occupies the position of honour on the right, and is to be considered the senior flag.

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MARCHING ON AND MARCHING OFF THE FLAG(S)

MARCHING ON THE FLAG(S)

Item	Command	By	Action	Remarks
1.	FLAG PARTY ATTEN – TION	Flag Party Comd	Flag Party shall act as ordered.	Cautionary command. The flag(s) shall be held at the carry while being marched on and off the parade.
2.	FLAG PARTY – CARRY FLAGS	Flag Party Comd	Flag Party shall act as ordered.	When arms are carried on parade and the parade is given the command SLOPE – ARMS, the flag bearer(s) shall carry the flag(s) in time with the rifle movements.
3.	MARCH ON THE FLAG(S)	Pde Comd	The Flag Party Comd shall have ordered the Flag Party to attention and to the carry position.	Formation shall be at the position of attention while flag(s) are being marched on.
4.	FLAG PARTY	Flag Party Comd		Precautionary command.
5.	TO THE FLAG – SALUTE/PRESENT – ARMS	Pde Comd	Parade appointments shall salute on the last movement of the present if cadets are under arms. Cadets under arms shall present arms.	
6.	BY THE CENTRE/ RIGHT QUICK – MARCH	Flag Party Comd	Flag Party shall march with the flags caught.	The Flag Party shall march across the front of the formation between the Pde Comd and the front rank, to the centre of the formation using a series of forms along a direct route from the flank, to its parade position.
7.	CHANGE DIRECTION LEFT/ RIGHT LEFT/ RIGHT – FORM	Flag Party Comd	The Flag Party shall act as ordered.	An inexperienced Flag Party may use a well-executed wheel.
8.	FOR – WARD	Flag Party Comd	The Flag Party shall act as ordered.	
9.	COUNTER – MARCH	Flag Party Comd	The Flag Party shall act as ordered.	The Flag Party shall march to the rear of the formation,

Item	Command	By	Action	Remarks
				counter march and move forward to its parade position.
10.	FLAG PARTY – HALT	Flag Party Comd	The Flag Party shall act as ordered.	Squadron in Line: The flag shall be positioned in the centre as follows: <i>One flag.</i> In line with the front rank and the escort in line with the front rank. <i>Two flags.</i> Flags and senior escort in line with front rank. Junior escorts in line with rear rank.
11.	FLAG PARTY TO THE FLAG – SALUTE/PRESENT ARMS	Flag Party Comd		Upon halting in its parade position and if the escorts are under arms the command is <i>present arms.</i>
12.	PARADE ATTENTION	Pde Comd		Once the Flag Party is in position and at the salute/present.

MARCHING OFF THE FLAG(S)

Item	Command	By	Action	Remarks
1.	MARCH OFF THE FLAG(S)	Pde Comd		Formation shall be at the position of attention, flag(s) at the carry.
2.	FLAG PARTY	Flag Party Comd		Cautionary command.
3.	TO THE FLAG(S) – SALUTE	Pde Comd	Formation acts as ordered.	
4.	BY THE CENTRE/ RIGHT QUICK – MARCH	Flag Party Comd	Flag Party acts as ordered.	The Flag Party shall march by a series of forms to a position to the left or right of the formation. Flag Party Comd is to wait until the Pde Comd has given the command to the salute prior to stepping off.
5.	CHANGE DIRECTION LEFT/ RIGHT LEFT/ RIGHT – FORM	Flag Party Comd	Flag Party acts as ordered.	The Flag Party, by a series of forms, shall march off the parade ground to the left or right.
6.	FOR – WARD	Flag Party Comd	Flag Party acts as ordered.	
7.	ATTEN – TION	Pde Comd	Formation acts as ordered.	Given after the Flag Party has left the parade ground.
8.	FLAG PARTY HALT	Flag Party Comd	Flag Party acts as ordered.	The Flag Party shall halt at an appropriate area. Proper compliments are paid to the flag at all times.
9.	FLAG PARTY ORDER – FLAGS	Flag Party Comd	Flag Party acts as ordered.	
10.	FLAG PARTY STAND AT – EASE	Flag Party Comd	Flag Party acts as ordered.	

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MARCHING ON AND MARCHING OFF THE FLAGS DIAGRAMS

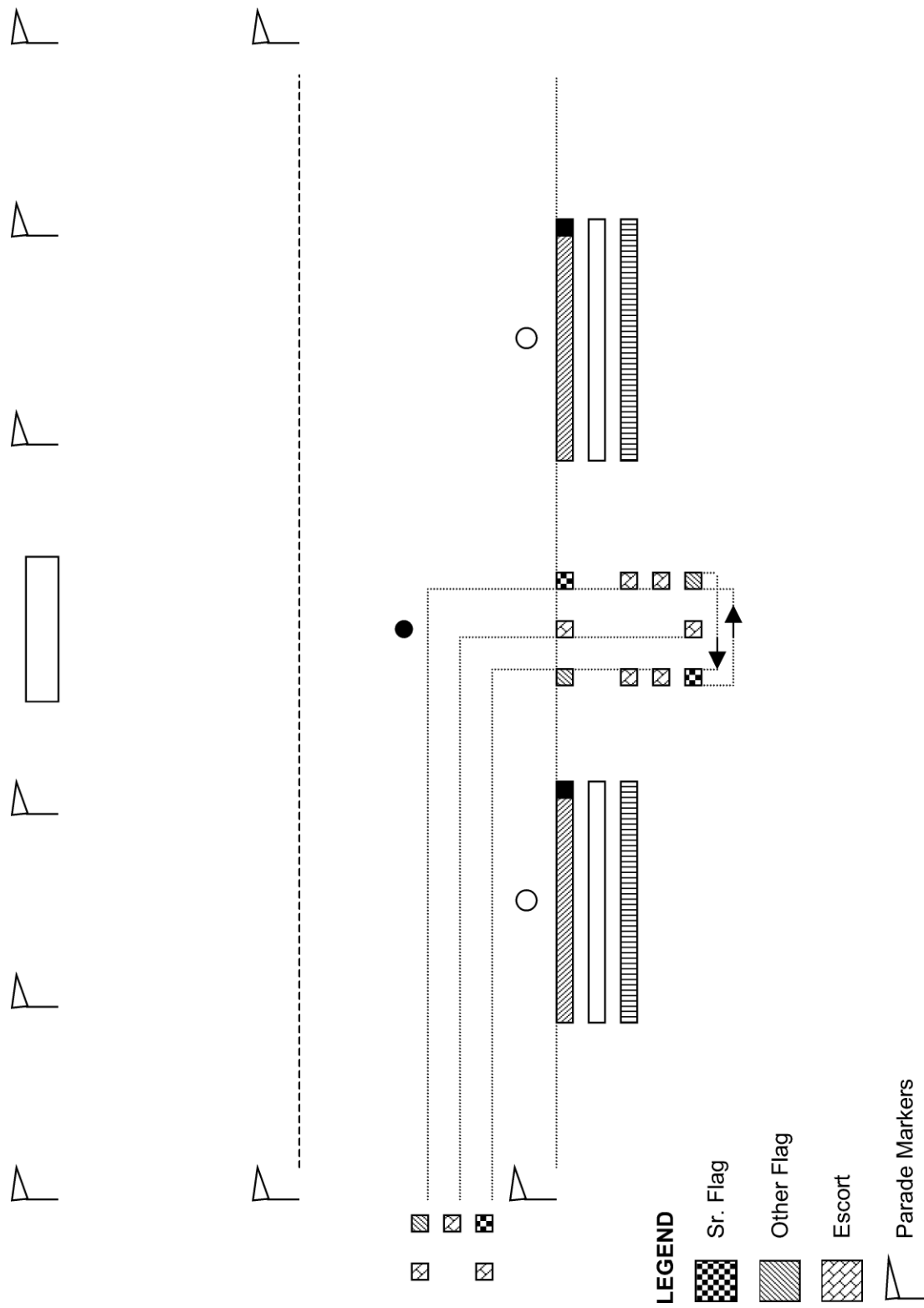


Figure 8C2-1 Marching On the Flags

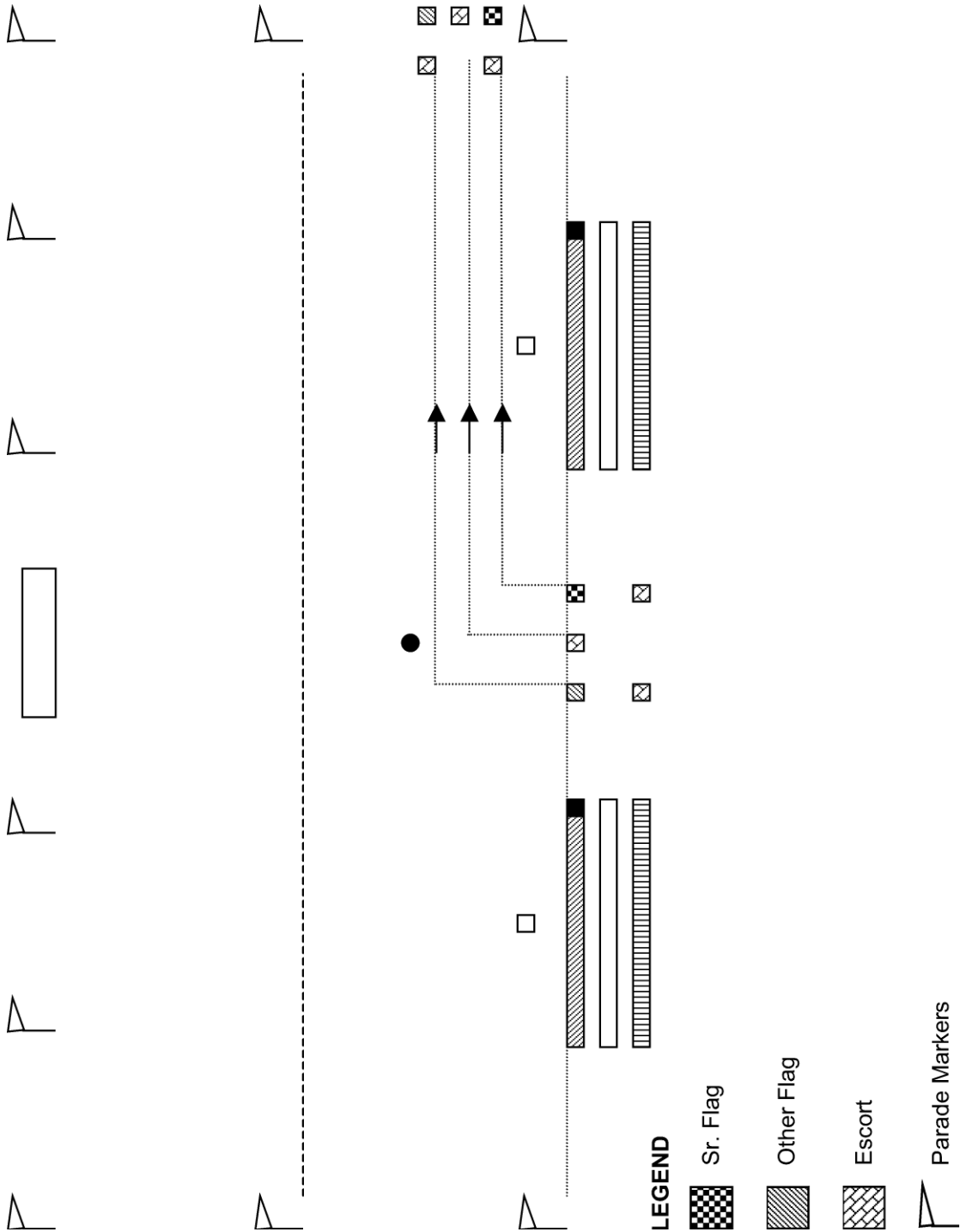


Figure 8C2-2 Marching Off the Flags

ANNUAL CEREMONIAL REVIEW PARADE SEQUENCE OF EVENTS

Reference: A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*, Chapter 9, Section 2. Ottawa, ON: The Department of National Defence.

Item	Command	By	Action	Remarks
1.			The SWO marches to, and halts, in a position three paces to the left and facing the position to be occupied by the marker of No. 1 flight.	The flights are normally positioned at the edge of the parade ground, standing easy. The SWO shall face the future position of the front rank if the squadron is to form up in line, and the right flank if the squadron is to form up in close column of flight.
2.	MARKERS	SWO	The flight markers come to attention, and march onto the parade ground. The marker of No. 1 flight halts three paces in front of and facing the SWO. The remainder halt on the left of the No. 1 flight marker and dress to the right at shoulder dressing. Upon completion of dressing, they look to the front in succession from the right. The markers remain at attention.	Flights formed on the edge of the parade ground adopt the stand at ease position. Standard pauses are observed between drill movements completed by the markers.
3.	MARKERS – NUMBER	SWO	Markers number in succession from the right, e.g. ONE, TWO, etc.	
4.	No. 1 FLIGHT RIGHT, REMAINDER LEFT – TURN	SWO	No. 1 flight marker turns right, the remainder turn left.	The SWO specifies the number of paces to be taken by Nos. 2 and 3 flight markers after completion of the left turn.
5.	No. 1 FLIGHT STAND FAST, REMAINDER QUICK – MARCH	SWO	No. 1 flight marker stands fast, the remainder quick march the required distance and halt.	
6.	No. 1 FLIGHT STAND FAST REMAINDER ABOUT – TURN	SWO	No. 1 flight marker stands fast, the remainder about turn and cover off the No. 1 flight marker.	The SWO, by wheeling, marches out six paces in front (right flank) of No. 1 flight marker and ensures the markers are covered off.

Item	Command	By	Action	Remarks
7.	MARKERS – STEADY	SWO	The markers stand fast.	The squadron is being formed in line.
7a.	MARKERS LEFT – TURN	SWO	The markers turn left.	This order places the markers in line. The SWO then, by wheeling, positions himself six paces in front of and facing the future centre of the squadron.
8.	SQUADRON FALL – IN	SWO	The F Sgts come to attention, about turn, facing their respective flight together.	
9.	No. 1 FLIGHT ATTEN – TION	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 F Sgts order their flights to attention in succession, following No. 1 flight.
10.	No. 1 FLIGHT RIGHT – TURN	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 F Sgts order their flights to turn in succession, following No. 1 flight.
11.	No. 1 FLIGHT QUICK – MARCH	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 F Sgts order their flights to quick march in succession, following No. 1 flight.
12.	No. 1 FLIGHT HALT	No. 1 F Sgt	The flight halts on its marker.	Nos. 2 and 3 F Sgts order their flights to quick march in succession, following No. 1 flight.
13.	No. 1 FLIGHT ADVANCE LEFT – TURN	No. 1 F Sgt	The flight acts as ordered.	Nos. 2 and 3 WOs order their flights to advance in succession, following No. 1 flight. As the No. 3 F Sgt gives the command LEFT – TURN all F Sgts will turn about and face the front together.
14.	SQUADRON OPEN ORDER – MARCH	SWO	The squadron acts as ordered.	
15.	SQUADRON RIGHT – DRESS	SWO	The squadron acts as ordered.	The cadet F Sgts shall turn about and observe the standard pause. No. 1 F Sgt shall, by a series of wheels, move to the right flank as per

Item	Command	By	Action	Remarks
				dressing a flight. The F Sgt of Nos. 2 and 3 flights shall pace off the proper intervals between the flight on their right and their own flight and position their markers accordingly.
16.	SQUADRON EYES – FRONT	SWO	The squadron acts as ordered.	The F Sgts turn about. No 1 F Sgt, by a series of wheels, adopts the proper position in front of No. 1 flight.
17.	REPORT YOUR FLIGHTS	SWO	F Sgts report their flights.	F Sgts, when reporting their flights, shall call out in succession: No. 1 FLIGHT; No. 2 FLIGHT; and No. 3 FLIGHT.
18.	SQUADRON STAND AT – EASE	SWO	The squadron acts as ordered.	SWO awaits the arrival of the Parade Commander (Pde Comd) and turns over control of the parade at that time.
19.	SQUADRON ATTEN – TION	SWO	Squadron acts as ordered.	Given as the Pde Comd approaches.
20.	PARADE STAND AT – EASE	Pde Comd	Parade acts as ordered.	The formation shall hereafter be referred to as “Parade”.
21a.	PARADE ATTEN – TION	Pde Comd	Parade acts as ordered. Pde Comd turn about upon completion of the movement by the parade,	Simultaneously, the Flag Party is carrying out commands 21b. and 21c.
21b.	FLAG PARTY ATTEN – TION	Flag Party Comd	Flag Party shall act as ordered.	Cautionary command. The flag(s) shall be held at the carry while being marched on and off the parade.
21c.	FLAG PARTY – CARRY FLAGS	Flag Party Comd	Flag Party shall act as ordered.	When arms are carried on parade and the parade is given the command SLOPE – ARMS, the flag bearer(s) shall carry the flag(s) in time with the rifle movements.
22.	MARCH ON THE FLAG(S)	Pde Comd	The Flag Party Comd shall have ordered the Flag Party to attention and to the carry position.	Formation shall be at the position of attention while flag(s) are being marched on.

Item	Command	By	Action	Remarks
23.	FLAG PARTY	Flag Party Comd		Precautionary command.
24.	TO THE FLAG – SALUTE/PRESENT ARMS	Pde Comd	Parade appointments shall salute on the last movement of the present if cadets are under arms. Cadets under arms shall present arms.	
25.	BY THE CENTRE/ RIGHT QUICK – MARCH	Flag Party Comd	Flag Party shall march with the flags caught.	The Flag Party shall march across the front of the formation between the Pde Comd and the front rank, to the centre of the formation using a series of forms along a direct route from the flank, to its parade position.
26.	CHANGE DIRECTION LEFT/ RIGHT LEFT/ RIGHT – FORM	Flag Party Comd	The Flag Party shall act as ordered.	An inexperienced Flag Party may use a well-executed wheel.
27.	FOR – WARD	Flag Party Comd	The Flag Party shall act as ordered.	
28.	COUNTER – MARCH	Flag Party Comd	The Flag Party shall act as ordered.	The Flag Party shall march to the rear of the formation, counter march and move forward to its parade position.
29.	FLAG PARTY – HALT	Flag Party Comd	The Flag Party shall act as ordered.	Squadron in Line: The flag shall be positioned in the centre as follows: <i>One flag.</i> In line with the front rank and the escort in line with the front rank. <i>Two flags.</i> Flags and senior escort in line with front rank. Junior escorts in line with rear rank.
30.	FLAG PARTY TO THE FLAG – SALUTE/PRESENT ARMS	Flag Party Comd		Upon halting in its parade position and if the escorts are under arms the command is present arms.

Item	Command	By	Action	Remarks
31.	PARADE ATTENTION	Pde Comd		Once the Flag Party is in position and at the salute/present.
32a.	PARADE STAND AT – EASE	Pde Comd	Formation shall act as ordered.	Awaiting the arrival of the reviewing officer.
32b.	PARADE STAND – EASY	Pde Comd	Formation shall act as ordered.	Given if the wait for the reviewing party becomes extended.
33.	PARADE ATTENTION	Pde Comd	Formation shall act as ordered.	Given as the reviewing officer and party approach the parade ground.
34.	GENERAL SALUTE – SALUTE	Pde Comd	Formation acts as ordered. Upon completion of the salute the Pde Comd shall report to the reviewing officer that the squadron is ready for inspection. The Pde Comd will then turn and accompany the reviewing officer on the inspection. See Figure 8D2-1 for the composition of inspection party and route. Upon the completion of the inspection the Pde Comd shall accompany the reviewing officer to the dais and request permission to carry on.	When the reviewing officer has taken up position on the dais the Pde Comd shall order the appropriate salute. If the reviewing officer is a distinguished civilian not listed in Ref: A0-002, Chapter 13, Honours, Flags and Heritage Structure of the CF, the word of command will be GENERAL SALUTE – SALUTE. An appropriate 8 bars of music may be played. If arms are not carried on parade all parade appts salute, cutting their arms to the side after a standard pause after the last note of music. If a band is not available the salute is completed with a standard pause between movements or upon the order ATTENTION.
35.	PARADE CLOSE ORDER – MARCH	Pde Comd	Formation shall act as ordered.	
36.	PARADE SHALL MARCH PAST IN COLUMN OF ROUTE. MOVE TO THE RIGHT IN COLUMN OF ROUTE RIGHT – TURN	Pde Comd	Formation shall act as ordered.	The size of the formation shall dictate the command sequence for the march past. Flight size formation shall act on the commands of the Pde Comd. Larger formations shall act on the command in succession by flight.

Item	Command	By	Action	Remarks
37.	FLAG PARTY AT THE HALT CHANGE DIRECTION RIGHT: RIGHT – FORM	Flag Party Comd	Flag Party shall act as ordered.	
38.	PARADE BY THE LEFT QUICK – MARCH	Pde Comd	Formation shall act as ordered.	Pde Comd to wait until the Flag Party has occupied its position. The size of the formation shall dictate the command sequence for the march past. Flight size formation shall act on the commands of the Pde Comd. Larger formations shall act on the command in succession by flight/squadron.
39.	PARADE (IN SUCCESSION OF FLIGHTS/ COMPANIES) EYES – RIGHT	Pde Comd	Formation shall act as ordered.	Given as the Pde Comd reaches marker C. In flight formations, there is no requirement for successive commands and the flight will act on the command of the Pde Comd. In a larger formation, the commands shall be given successively and the Pde Comd shall move with the word of command of the first sub- squadron.
40.	PARADE (IN SUCCESSION OF FLIGHTS/ COMPANIES) EYES – FRONT	Pde Comd	Formation shall act as ordered.	Given as the rear of the formation reaches marker D. In flight formations, there is no requirement for successive commands and the flight will act on the command of the Pde Comd. In a larger formation, the commands shall be given successively and the Pde Comd shall move with the word of command of the first sub-squadron.
41.	PARADE – HALT	Pde Comd	Formation shall act as ordered.	The formation shall be marched onto the appropriate line.

Item	Command	By	Action	Remarks
42.	PARADE WILL ADVANCE INTO LINE ADVANCE LEFT – TURN	Pde Comd	Formation shall act as ordered.	Parade positions shall turn, observe the standard pause, and then march by a series of wheels to their positions.
43.	FLAG PARTY AT THE HALT CHANGE DIRECTION LEFT LEFT – TURN	Flag Party Comd	Flag Party shall act as ordered.	
44.	PARADE OPEN ORDER – MARCH	Pde Comd	Formation shall act as ordered.	
45.	PARADE RIGHT (INWARDS) – DRESS	Pde Comd	Formation shall act as ordered.	SWO is to dress only the front rank.
46.	PARADE EYES – FRONT	Pde Comd	Formation shall act as ordered. The Pde Comd shall report to the reviewing officer and ask permission to stand the parade at ease for the presentations and awards. Upon completion of the aforementioned the Pde Comd shall request permission to carry on.	
47a.	PARADE STAND AT – EASE	Pde Comd	Formation acts as ordered.	Presentation and awards shall be issued at this time. Upon completion of the awards the formation shall be marched off the parade ground and any demonstrations and displays shall be conducted. The reviewing officer address is to take place once the formation has reformed on the parade ground (see commands 47b. to 47o.).
47b.	PARADE ATTENTION	Pde Comd	Formation shall act as ordered.	
47c.	PARADE MOVE TO THE RIGHT/ LEFT IN THREES – RIGHT/LEFT TURN	Pde Comd	Formation shall act as ordered.	

Item	Command	By	Action	Remarks
47d.	PARADE BY THE LEFT/RIGHT QUICK – MARCH	Pde Comd	Formation shall act as ordered.	The formation shall march off the parade ground to a designated position and prepare for the demonstrations and display portion of the review.
47e.	PARADE – HALT	Pde Comd	Formation shall act as ordered.	
47f.	PARADE WILL ADVANCE INTO LINE LEFT – TURN	Pde Comd	Formation shall act as ordered.	
47g.	PARADE TO YOUR DUTIES DIS – MISSED	Pde Comd	Formation shall act as ordered.	Formation shall be dismissed for the demonstration and display portion of the review.
47h.	PARADE FALL – IN	Pde Comd	Formation shall act as ordered.	Formation members shall occupy their positions as per the dismissal formation.
47i.	PARADE ATTENTION	Pde Comd	Formation shall act as ordered.	
47j.	PARADE MOVE TO THE RIGHT/LEFT IN COLUMN OF THREES RIGHT/LEFT – TURN	Pde Comd	Formation shall act as ordered.	
47k.	PARADE BY THE LEFT QUICK – MARCH	Pde Comd	Formation shall act as ordered.	Formation shall march onto the parade ground on the appropriate line for the advance.
47l.	PARADE HALT	Pde Comd	Formation shall act as ordered.	
47m.	PARADE WILL ADVANCE INTO LINE LEFT/RIGHT – TURN .	Pde Comd	Formation shall act as ordered.	
47n.	PARADE RIGHT/INWARDS – DRESS	Pde Comd	Formation shall act as ordered.	Front rank only to be dressed.
47o.	PARADE EYES FRONT	Pde Comd	Formation shall act as ordered.	As per dressing a formation.

Item	Command	By	Action	Remarks
48.	PARADE SHALL ADVANCE IN REVIEW ORDER BY THE CENTRE QUICK – MARCH	Pde Comd	Formation shall act as ordered.	The advance shall normally be 15 paces. A seven-pace advance shall be conducted if there is insufficient space for a normal advance.
49.	PARADE GENERAL SALUTE – SALUTE	Pde Comd	Formation shall act as ordered.	The Pde Comd shall wait for the reviewing officer to depart the parade ground.
50.	MARCH OFF THE FLAG(S)	Pde Comd		Formation shall be at the position of attention, flag(s) at the carry.
51.	FLAG PARTY	Flag Party Comd		Cautionary command.
52.	TO THE FLAG(S) – SALUTE	Pde Comd	Formation acts as ordered.	
53.	BY THE CENTRE/ RIGHT QUICK – MARCH	Flag Party Comd	Flag Party acts as ordered.	The Flag Party shall march by a series of forms to a position to the left or right of the formation. Flag Party Comd is to wait until the Pde Comd has given the command to the salute prior to stepping off.
54.	CHANGE DIRECTION LEFT/ RIGHT LEFT/ RIGHT – FORM	Flag Party Comd	Flag Party acts as ordered.	The Flag Party, by a series of forms, shall march off the parade ground to the left or right.
55.	FOR – WARD	Flag Party Comd	Flag Party acts as ordered.	
56.	ATTEN – TION	Pde Comd	Formation acts as ordered.	Given after the Flag Party has left the parade ground.
57.	FLAG PARTY HALT	Flag Party Comd	Flag Party acts as ordered.	The Flag Party shall halt at an appropriate area. Proper compliments are paid to the flag at all times.
58.	FLAG PARTY ORDER – FLAGS	Flag Party Comdd	Flag Party acts as ordered.	

Item	Command	By	Action	Remarks
59.	FLAG PARTY STAND AT – EASE	Flag Party Comd	Flag Party acts as ordered.	
60.	PARADE MOVE TO RIGHT/LEFT IN THREES – RIGHT/ LEFT TURN	Pde Comd	Formation shall act as ordered.	The formation shall march by the most direct route to the designated dismissal area.
61.	BY THE RIGHT/ LEFT QUICK – MARCH	Pde Comd	Formation shall act as ordered.	
62.	PARADE – HALT	Pde Comd	Formation shall act as ordered.	
63.	PARADE ADVANCE LEFT – TURN	Pde Comd	Formation shall act as ordered.	The formation, upon arrival at the dismissal area, shall carry on as per established parade procedures.
64.	PARADE DIS – MISSED	Pde Comd	Formation shall act as ordered.	

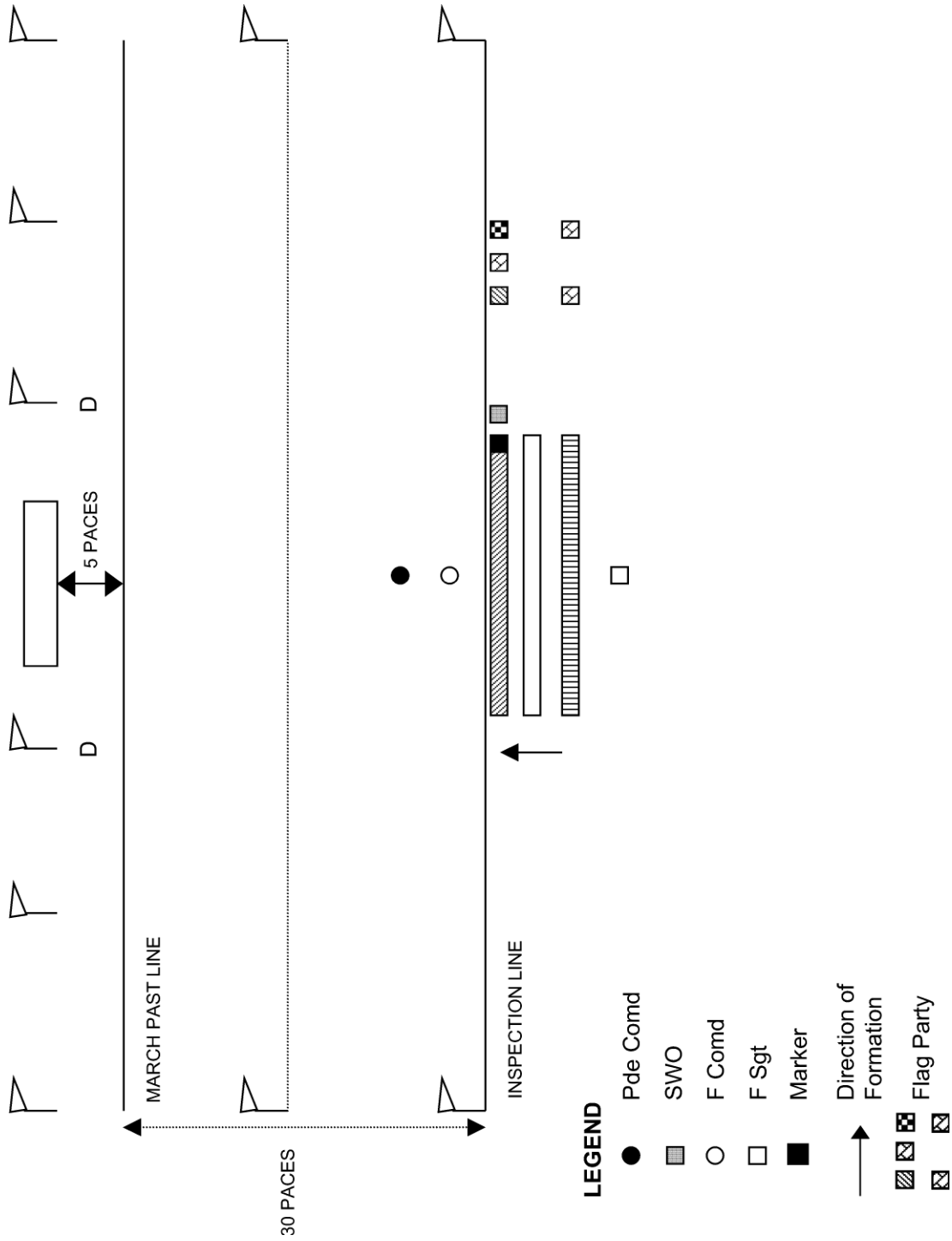


Figure 8D1-2 Flight Parade Formation With Flag Party Flight in Line

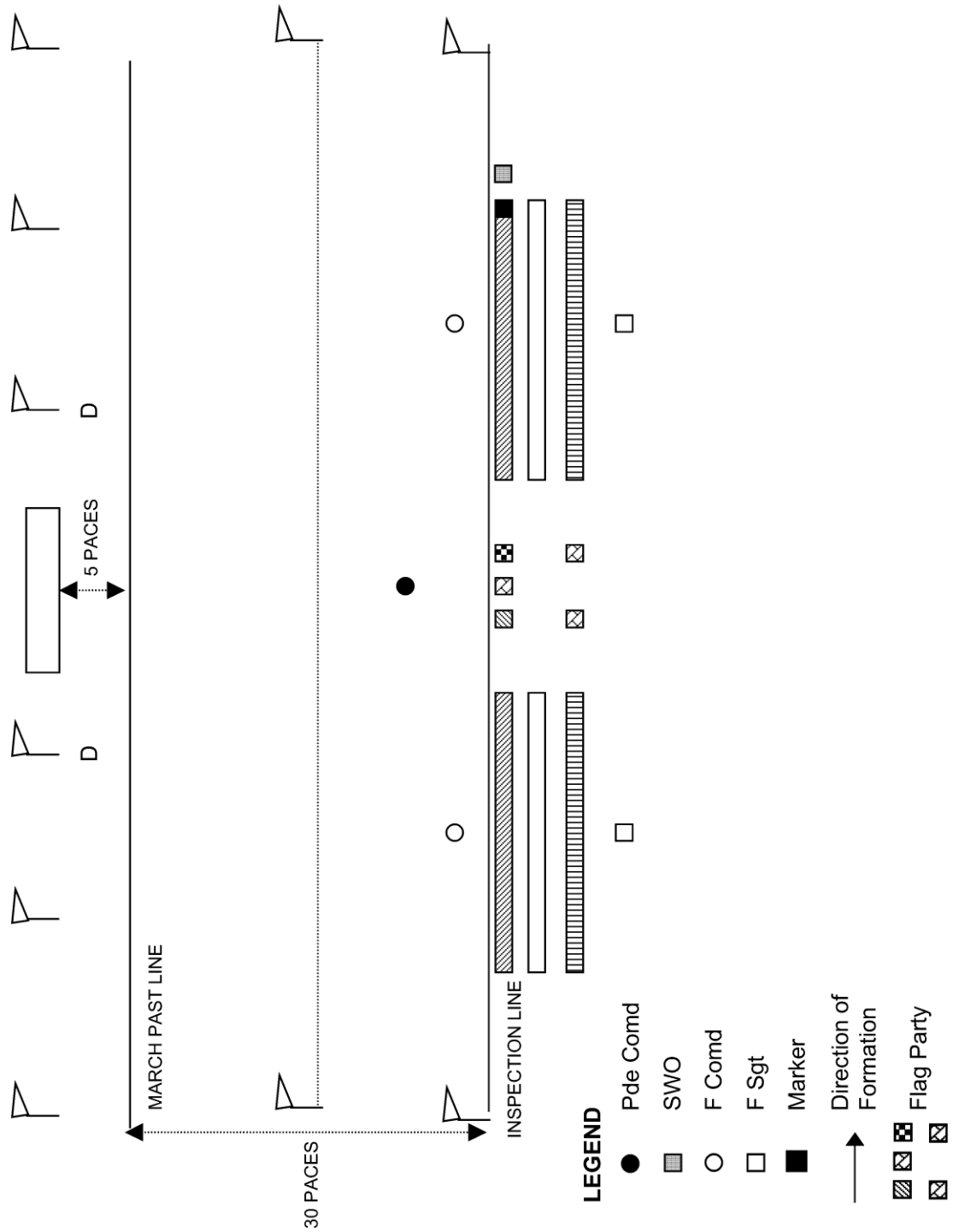


Figure 8D1-3 Squadron Parade Formation With Flag Party Squadron in Line

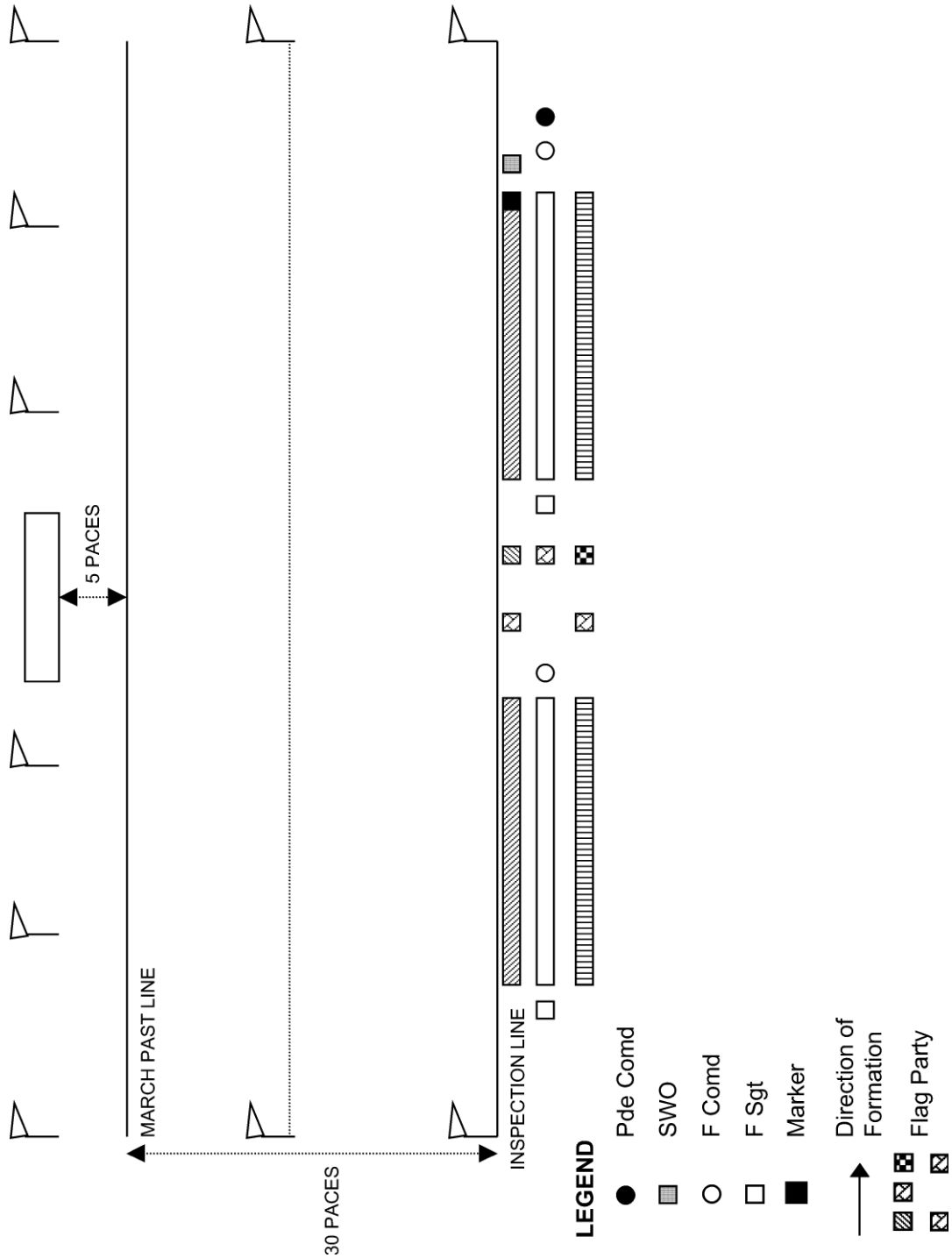


Figure 8D1-4 Squadron Parade Formation With Flag Party Squadron in Column of Route

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RECEPTION OF AWARDS OR PRESENTATIONS

Reference: A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces Manual of Drill and Ceremonial*. Ottawa, ON: The Department of National Defence.

1. Falling Out and In of Ranks

- a. The formation shall be at the open order whenever individuals will be required to fall out.
- b. The person ordered to fall out shall come to attention and, after observing the standard pause, shall march, wheeling immediately, to the right flank of the rank. The person shall then proceed in the required direction by the shortest route, being sure not to proceed in front, or within the ranks of another sub-squadron.
- c. Following reception of the award or presentation, the individual marches to the left flank of the formation and returns to his or her original position by marching in rear of the desired rank, wheeling into the original position, and halting. The individual shall pick up the dressing of the formation and either remain at attention, or stand at ease as required.

2. Reporting

- a. When reporting to an officer or dignitary, the following procedure shall be observed:
 - (1) March forward, halting two paces in front of the officer or dignitary.
 - (2) Salute, remain at attention, await acknowledgement.
 - (3) Deliver the message, receive instructions, etc. (see paragraph 1.b.).
 - (4) Salute, await acknowledgement.
 - (5) Turn right and return to original position within the ranks of the formation.
- b. When receiving a decoration, the person shall take one pace forward to receive the award, and one pace back following the presentation.

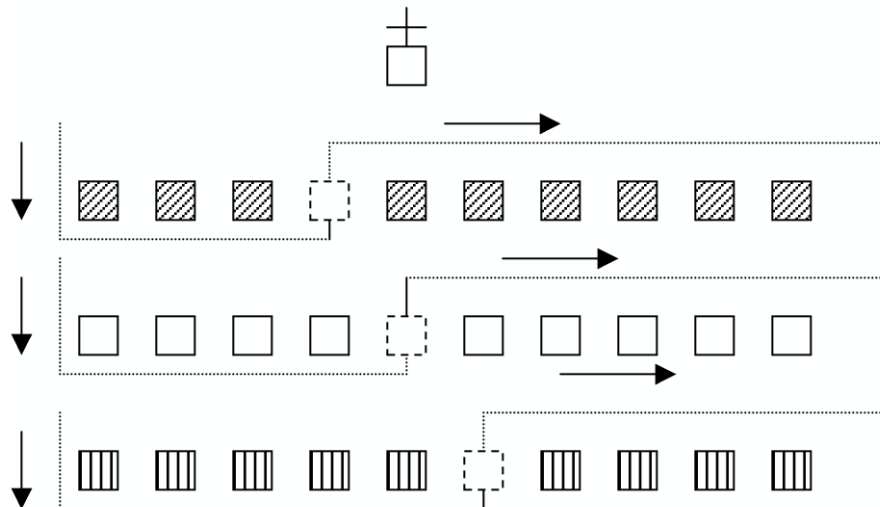


Figure 8D3-1 Falling Out/In of Formation

3. Group Presentation of Awards

- a. When reporting to an officer or dignitary for a group presentation, the following procedure shall be observed:
 - (1) Fall out in accordance with Figure 8D3-1.
 - (2) The first individual to arrive shall halt two paces in front of the officer or dignitary.
 - (3) The remainder shall halt one pace to the right of and in line with the person on the right.
 - (4) On the arrival of the last person, all shall observe the standard pause.
 - (5) All shall salute.
- b. Once all awards have been issued, all salute, turn right and march by a direct route back into their appropriate formation in accordance with Figure 8D3-1.

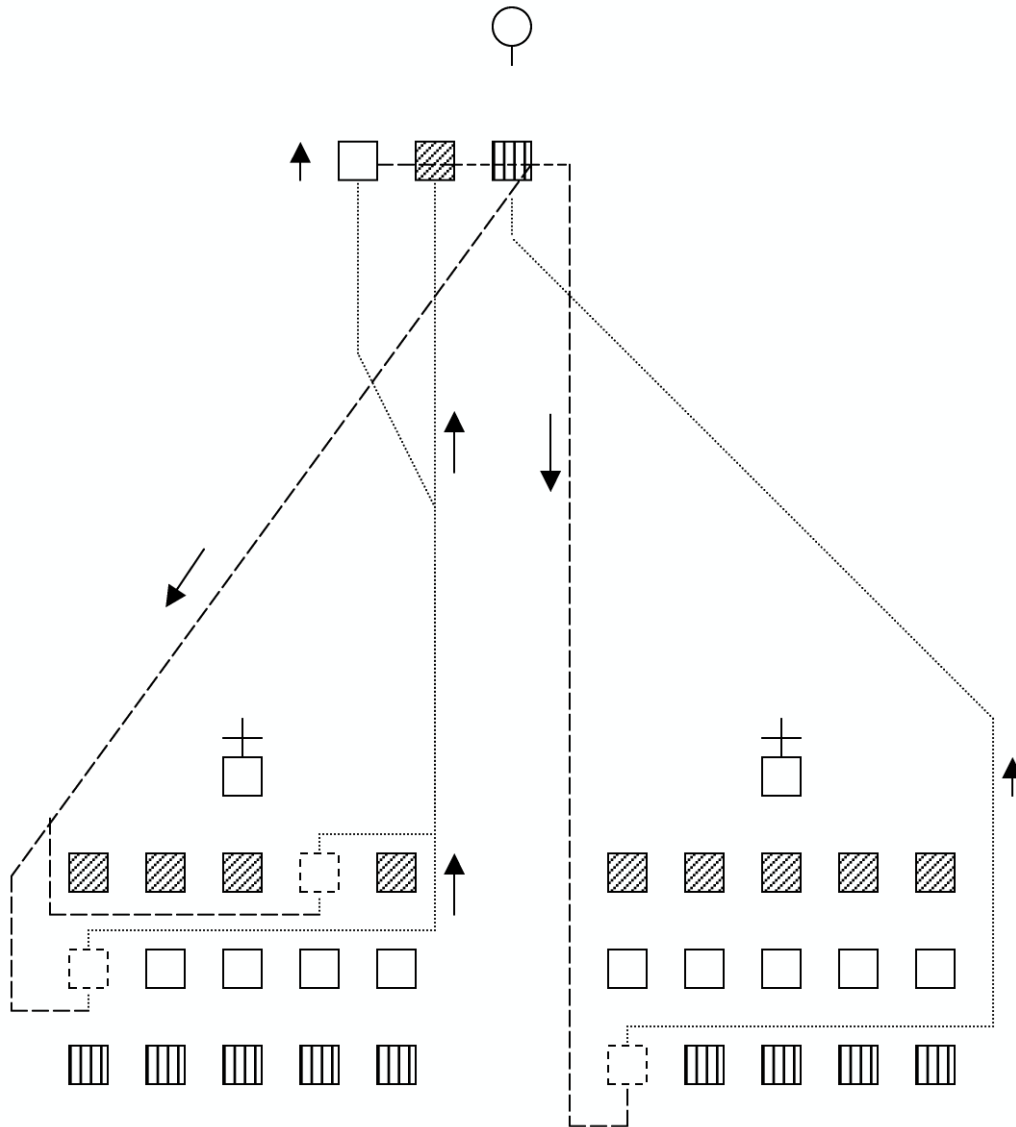


Figure 8D3-2 Reporting

GUIDELINES FOR THE CONDUCT OF A YEAR ONE DRILL COMPETITION

COMPOSITION

1. Each year one drill class will be divided into squad level teams not normally in excess of 10 persons. A team captain will be assigned by the Training Officer (Trg O) or delegate and shall be, at a minimum, a year three cadet in training. This cadet shall direct the team through the drill sequence. Each team shall be provided an opportunity to practice as a squad prior to competing. During this practice, the team captain will review all rehearsed movements from PO 108.

OFFICIALS

2. Officials shall be as follows:
 - a. Chief judge – responsible for:
 - (1) judging and marking the team captain;
 - (2) awarding penalties; and
 - (3) interpretation of rules.
 - b. Drill judge(s) – responsible for judging and marking the performance of the team during the drill sequence.

EQUIPMENT

3. Equipment required for the conduct of this competition includes:
 - a. one stopwatch;
 - b. masking tape;
 - c. tables and chairs for the judges; and
 - d. portable hand counters (clickers).

DRESS

4. Dress for the competition will be at the discretion of the squadron Trg O and IAW CATO 55-04. Uniform C-1 is encouraged, though weather conditions at the time of the competition will be the determining factor.

DRILL AREA

5. The drill area will be marked off, to include:
 - a. a restricted-access area large enough to accommodate execution of the marching and wheeling components of the competition with a judge's table placed mid-point along one of the sides of the drill area;
 - b. a clearly defined spot-mark indicating the placement of the right marker of the team;
 - c. a clearly defined spot-mark indicating the placement of the team captain, from which all words of command will be given; and
 - d. a spectator's area if required.

DRILL SEQUENCE

6. When called to compete, the team (accompanied and directed by the team captain) will be marched in two ranks to a position where they are formed in line, with the right marker at the designated point opposite the judges table, dressed at the close order. These movements will not be judged. The team captain will then approach the chief judge, report the name of the team, and request permission to carry on with the competition.

7. On receiving permission from the chief judge, the team captain will then direct the team through the drill movements in accordance with Appendix 1. The squad will be returned to its original position following the completion of the movements. The team captain will then report to the chief judge, requesting permission to dismiss. On receiving permission, the team captain will march off the team.

TIMING

8. A maximum of 15 minutes is allowed for each competing team. The timing will commence immediately following the team captain being GRANTED permission to proceed and will terminate when the team captain reports to the chief judge upon completion of the drill sequence.

DRILL AUTHORITY

9. All drill movements will be carried out IAW A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*.

SCORING

10. **Drill Sequence.** One point will be deducted for each individual fault or infraction to a maximum of 80-point deductions. A maximum of five points will be deducted for a single movement (e.g. if a whole team performs a movement incorrectly, a total of five points will be deducted). The drill judge will score a maximum of 80 points, using the score sheet at Appendix 3.

11. **Team Captain.** The chief judge will evaluate the team captain, with the evaluation being based on all reporting procedures and adherence to the drill sequence listed at Appendix 1 and words of command listed at Appendix 2. Evaluation will include those characteristics listed in the score sheet and scoring guide at Appendix 4. The score will be to a maximum of 20 points and will constitute the team captain score.

12. **Final Score.** The final score will be calculated using the following method:

a. Drill	score awarded	/80
b. Team captain	score awarded	/20
c. Final score		/100

13. All scores will be summarized and tabulated on the Master Score Sheet at Appendix 5.

PENALTIES

14. Penalties are for specific infractions. Additional points will not be deducted for an infraction for which a penalty is awarded.

15. The following penalties will be awarded for infractions and will be deducted from the drill score by the chief judge:

a. Omission of a drill movement	5 points
b. Drill movement performed out of sequence	1 point

- c. Late when called to compete 2 points
- d. Exceeding maximum time allowance for sequence 2 points

INTERPRETATION OF RULES

16. In any situation where no equitable solution can be found in the rules, the chief judge will be empowered to make a ruling, which is binding to all participants.

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DRILL SEQUENCE

GENERAL

1. All movements are executed at the halt or on the march, without arms.

REFERENCES

2. All movements will be completed IAW A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, and can be found in Chapters 2 and 3 of that document.

DRILL SEQUENCE

3. The drill sequence is as follows:

At the Halt

- a. Stand Easy.
- b. Stand at Ease.
- c. Attention.
- d. Salute to the Front.
- e. Left Turn.
- f. Right Turn.
- g. Left Incline.
- h. About Turn.
- i. Right Incline.
- j. About Turn.
- k. Open Order March.
- l. Right Dress.
- m. Eyes Front.
- n. Close Order March.
- o. Right Turn.

On the March

- a. Quick March.
- b. Mark Time.
- c. Forward.
- d. Mark Time.
- e. Halt.
- f. Quick March.
- g. Left Wheel.

- h. Left Wheel.
- i. Salute to the Right on the March.
- j. Left Wheel.
- k. Right Wheel.
- l. Right Wheel.
- m. Right Wheel.
- n. Mark Time.
- o. Halt.

At the Halt

- a. Left Turn.
- b. Right Dress.
- c. Eyes Front.

WORDS OF COMMAND

GENERAL

1. All commands are to be given clearly by the team captain and without the aid of cue cards or similar memory aid.

REFERENCES

2. All words of command will be given IAW A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*, and can be found in Chapters 2 and 3 of that document.

WORDS OF COMMAND

3. The following words of command will be used in sequence:

At the Halt

a. "Stand Easy"	"Squad, Stand Easy"
b. "Stand at Ease"	"Squad"
c. "Attention"	"Atten – tion"
d. "Salute to the Front"	"To the Front – Salute"
e. "Left Turn"	"Move to the left in file Left – Turn"
f. "Right Turn"	"Advance Right – Turn"
g. "Left Incline"	"Left In – cline"
h. "About Turn"	"About Turn"
i. "Right Incline"	"Retire Right In – cline"
j. "About Turn"	"Advance About – Turn"
k. "Open Order March"	"Open Order – March"
l. "Right Dress"	"Right – Dress"
m. "Eyes Front"	"Eyes – Front"
n. "Close Order March"	"Close Order – March"
o. "Right Turn"	"Move to the Right in file, Right – Turn"

On the March

a. Quick March	"Squad, By the Left, Quick – March"
b. Mark Time	"Mark – Time"
c. Forward	"For – ward"
d. Mark Time	"Mark – Time"
e. Halt	"Halt"
f. Quick March	"Squad, By the Left, Quick – March"
g. Left Wheel	"Left – Wheel"
h. Left Wheel	"Left – Wheel"
i. Salute to the Right on the March	"To the Right – Salute"
j. Left Wheel	"Left – Wheel"

- | | |
|----------------|-----------------|
| k. Right Wheel | “Right – Wheel” |
| l. Right Wheel | “Right – Wheel” |
| m. Right Wheel | “Right – Wheel” |
| n. Mark Time | “Mark – Time” |
| o. Halt | “Halt” |

At the Halt

- | | |
|----------------|-----------------------|
| a. Left Turn | “Advance Left – Turn” |
| b. Right Dress | “Right – Dress” |
| c. Eyes Front | “Eyes – Front” |

TEAM EVALUATION

TEAM: _____

Movement	Completed (✓)	Penalty
Stand Easy		
Stand at Ease		
Attention		
Salute to the Front		
Left Turn		
Right Turn		
Left Incline		
About Turn		
Right Incline		
About Turn		
Open Order March		
Right Dress		
Eyes Front		
Close Order March		
Right Turn		
Quick March		
Mark Time		
Forward		
Mark Time		
Halt		
Quick March		
Left Wheel		
Left Wheel		
Salute to the Right on the March		
Left Wheel		
Right Wheel		
Right Wheel		
Right Wheel		
Mark Time		
Halt		
Left Turn		
Right Dress		
Eyes Front		

Total Drill Infractions: _____

Total Score: _____

Comments:

 Drill Judge

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TEAM CAPTAIN EVALUATION

Name: _____

Team: _____

Movement	Completed (✓)	Word of Command	Team Penalty
Stand Easy		"Squad, Stand Easy"	
Stand at Ease		"Squad"	
Attention		"Atten – tion"	
Salute to the Front		"To the Front – Salute"	
Left Turn		"Move to the left in file Left – Turn"	
Right Turn		"Advance Right – Turn"	
Left Incline		"Left In – cline"	
About Turn		"About Turn"	
Right Incline		"Retire Right In – cline"	
About Turn		"Advance About – Turn"	
Open Order March		"Open Order – March"	
Right Dress		"Right – Dress"	
Eyes Front		"Eyes – Front"	
Close Order March		"Close Order – March"	
Right Turn		"Move to the Right in File, Right – Turn"	
Quick March		"Squad, By the Left, Quick – March"	
Mark Time		"Mark – Time"	
Forward		"For – ward"	
Mark Time		"Mark – Time"	
Halt		"Halt"	
Quick March		"Squad, By the Left, Quick – March"	
Left Wheel		"Left – Wheel"	
Left Wheel		"Left – Wheel"	
Salute to the Right on the March		"To the Right – Salute"	
Left Wheel		"Left – Wheel"	
Right Wheel		"Right – Wheel"	
Right Wheel		"Right – Wheel"	
Right Wheel		"Right – Wheel"	
Mark Time		"Mark – Time"	
Halt		"Halt"	
Left Turn		"Advance Left – Turn"	
Right Dress		"Right – Dress"	
Eyes Front		"Eyes – Front"	

Comments:

a. Words of Command	1	2	3	4	5
b. Appearance	1	2	3	4	5
c. Confidence	1	2	3	4	5
d. Reporting Procedure					

TOTAL SCORE: _____ /20

Drill Judge

MASTER SCORE SHEET

Team Name	DRILL SEQUENCE						Overall Score (E + F)
	A Drill Judge One	B Drill Judge Two	C Sequence Subtotal (Average: [A + B] / 2)	D Team Penalties	E Sequence Total (C - D)	F Team Captain Total	
1.	/80	/80	/80		/80	/20	/100
2.	/80	/80	/80		/80	/20	/100
3.	/80	/80	/80		/80	/20	/100
4.	/80	/80	/80		/80	/20	/100
5.	/80	/80	/80		/80	/20	/100
6.	/80	/80	/80		/80	/20	/100
7.	/80	/80	/80		/80	/20	/100
8.	/80	/80	/80		/80	/20	/100
9.	/80	/80	/80		/80	/20	/100
10.	/80	/80	/80		/80	/20	/100

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